

Massage Therapy Admission Requirements

Thank you for applying to the Massage Therapy program. All applicants must complete **one** of the following two requirements:

- (a) Complete an Introductory Massage Course, **OR;**
- (b) Spend one-on-one time with a Registered Massage Therapist (RMT).

If you choose (a) Complete an Introductory Massage Course

Algonquin College offers Introductory Massage Courses (listed as GEN5601 General Massage) through its School of Part-time Studies. Go to the following link and look under Health Studies www.algonquincollege.com/PartTimeStudies/currentOfferings.htm for further information.

You may also participate in other Introductory Massage Courses suited to your needs. Once you have completed an Introductory Massage Course, please send your completed documentation to the Registrar's Office.

If you choose (b) Spend one-on-one time with a Registered Massage Therapist (RMT)

Spending one-on-one time (2-3 hours) with a Registered Massage Therapist (RMT) is offered as an alternative. You will need to inform the RMT about this process and know their regular hourly fee will likely be charged. Please see the back of this form for further information and required documentation. Please ensure the form is signed by the RMT.

If you need assistance to locate a participating RMT, please go to the Ontario Massage Therapist Association (OMTA) website to find a Massage Therapist near you (www.omta.com) or you may consult your local yellow pages under Massage Therapists – Reg'd.

Please note that the Registrar's Office will process only those applicants with completed documentation. The mailing address is:

Kim Doupagne
Client Service Officer
Registrar's Office
Algonquin College
C150-1385 Woodroffe Avenue
Ottawa, ON K2G 1V8
Or by fax at 613-727-7632

If you require further information regarding the attached form, please contact the Program Coordinator, Marvin.Mohring@algonquincollege.com or 613-727-4723 ext. 5305

MESSAGE THERAPY PROGRAM - ADVANCED DIPLOMA

Spending one-on-one time (2-3 hours) with a Registered Massage Therapist (RMT) is offered as an alternative to the Introductory Massage Course. It is expected that the therapist would be reimbursed by the applicant on an hourly basis at their usual rate. Other contracts could be arranged by individuals by mutual agreement.

You will demonstrate the Learning Outcomes below. Applicants would be responsible for providing their own volunteer on whom they will practice during the teaching of massage techniques and return demonstrations.

Learning Outcomes	Knowledge Required
Following the estimated 3-4 hour experience with a RMT, the applicant will have demonstrated:	Suggested method of acquisition:
1. An understanding of what it feels like to be massaged.	1. Must experience a full body massage.
2. An understanding of the nature and scope of practice of the profession, its challenges and rewards.	2. State knowledge of the types of clients seen by massage therapists. Describe the physical and emotional challenges of the job and give some examples of job rewards.
3. A beginning understanding of some of the ethical issues, especially those related to "boundaries".	3. Explain the concept of "boundaries" permission and touching professionally.
4. The correct usage of one to two basic massage techniques on another person.	4. Show knowledge of and skill with one or two basic techniques - return demonstration on the volunteer or therapist.

Name: _____ Student #: _____

Student Address: _____

Telephone Number: _____

I hereby confirm that the above candidate has worked with me and successfully demonstrated to me the above learning outcomes.

RMT's name and address (please print): _____

RMT's Signature: _____

Date(s) of visit(s): _____

Algonquin College contact person Marvin Mohring 613-727-4723 ext. 5305. Return form to:

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