### Allergen Notice:

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items.

**Algonquin College Food Services is** <u>not</u> an allergen-free facility. While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

# Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.

If you have any individual allergy related questions or concerns, please make sure to contact Emma Kaye, our dietitian at <a href="mailto:kayee@algonquinicollege.com">kayee@algonquinicollege.com</a> to discuss food options available and accommodations that can be arranged.

## Vegan Menu Items

Bits N' Bytes

#### **Assorted Paninis**

Hummus & Grilled Vegetables on a Multigrain Ciabatta

Portable Feast
Mexican Feast
Burritos
Bean Burrito
Toppings
Black Beans
Burrito Sauce
Guacamole
Hot Sauce
Mild Salsa
Refried Beans
Rice
White/Whole Wheat Tortilla
Feast Express
Enchilada Veggie
Hash brown

The Fix
Stir-Fry
Tofu
Rice
Red Thai
Pineapple Curry
Honey Garlic
Teriyaki
Pad Thai
Burger and Sandwiches
Beyond Burger
Add-Ons
French Fries
Onion Rings
Sweet Potato Fry

35 <sup>th</sup> Street Market Cafe
Toast and Bagels
Bagel
Jam
Peanut Butter
White or Whole Wheat Bread
It's a Wrap
Spicy Black Bean Patty
Mardi Gras Grill
French Fries
Hash brown

Marketplace
Kelly's Grill
All Day Eggs
Vegan Breakfast Sandwich
Breakfast
Beyond sausage
Home Fries
Grill
Beyond Burger
French Fries
Spicy Black Bean Vegan Burger

Poutine and Sides
Beefeater Onion Rings
Sweet Potato Fries
Vegan Mushroom Poutine
Taste of Asia
Ramen
Plant Based Broth
Tofu
Design Your Own Creation
Chow Mein
Glass Noodles
Rice Noodles
Tofu
White Rice

Sauces
Caribbean Jerk
Honey Garlic
Pad Thai
Red Thai
Satay Peanut Sauce
Spicy Szechuan
Sweet and Sour
Sweet Chili
Teriyaki
Zesty Orange Ginger

Luigi's Gourmet Pizza
Pasta Passion
Marinara sauce
lt's a Wrap

Spicy Black Bean Patty
Add-ons
H.P Sauce
Honey and Regular Mustard
Hot Sauce
Italian Light
Smoky BBQ
Tabasco
Fresh Salad Bar – Self Serve – Salads Varies Daily
Baby Corn
Black Bean
Chickpea Salad
Couscous Salad
Mexican Style Rice
Mixed Bean
German Potato
Green Bean with Red Pepper
Kaleslaw
Quinoa Tabbouleh
Tabbouleh
Tuscan Bean
Zucchini Salad

### Grab N Go Items

Desserts

Vegan Blueberry Crumble
Vegan Chocolate Mousse
Vegan Cookie and Cream
Vegan Donut
Vegan Mint Bar
Vegan Peanut Butter and Jelly
Vegan Strawberry Crumble
Vegan Walnut Brownie
Fruit and Vegetables
Canary Melon
Cantaloupe
Fresh Fruit salad
Grapes
Honeydew
Watermelon
Wraps
Vegetarian