

X = Contains

* = May Contain

Allergen Notice:

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items. Please continue to self-identify to ensure we can accommodate as required.

Algonquin College Food Services is not an allergen-free facility. While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.

If you have any individual allergy related questions or concerns, please make sure to contact Emma Kaye, our dietitian at kayee@algonquincollege.com to discuss food options available and accommodations that can be arranged.

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Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
35th Street Market Cafe													
It's a Slice													
Cheese		X		X	X		X				*		
Combination				X	X		X				*		
Meat Lovers				X	X		X				*		
Pepperoni				X	X		X				*		
Vegetarian		X		X	X		X				*		
Toast and Bagels													
Bagel	X	X	X	X			X				*		
Cream Cheese		X			X								
Jam		X	X				X						
Peanut Butter		X	X					X					
White or Whole Wheat Bread	X	X	X	X			X				*		
It's a Wrap													
Black Forest Ham				X									
BLT				X			X						
Cold Cut Combo				X									
Crispy Chicken				X			X						*
Meatball Marinara				X	X	*	X				*	*	
Pizza Sub Melt				X	X								
Rotisserie Style Chicken	X			X									
Southwest Steak and Avocado				X			X						
Spicy Black Bean Patty		X	X	X			X						
Sub Club				X									
Tuna Salad	X			X		X	X			X		X	
Turkey and Ham				X									
Turkey Bacon and Avocado				X									
Turkey with Avocado				X									
Veggie and Cheese		X		X	X								
Mardi Gras Grill													
Breakfast Sandwich with just egg		X		X		X							
With sausage				X	X	X						X	
With Bacon				X		X	X						
Breakfast Special – Weekend Only				X	X	X	X				*	X	
Without sausage or bacon		X		X		X					*		
Chicken Fingers				X		*	*						
French Fries		X	X										
Hash brown		X	X										
Poutine		X		X	X		X						X