## **Allergen Notice**:

Please be advised that our menu items may contain allergens or may have come into contact with items containing allergens, and therefore, there is always a risk of contamination or cross-contact with our food items. Please continue to self-identify to ensure we can accommodate as required.

**Algonquin College Food Services is** <u>not</u> **an allergen-free facility**. While we make every effort within our kitchen to take precautions, we cannot guarantee that cross-contact of allergens will not occur.

Please be aware that food manufacturers and suppliers may change their formulation or manner of processing without our knowledge, and consequently the potential of food items containing allergens or coming into contact with items containing allergens does exist. This list is not all-inclusive and may vary due to changes in product formulation, recipe substitutions, and other factors.

Algonquin College will assume no liability for any adverse reactions that may occur within the dining facility.

If you have any individual allergy related questions or concerns, please make sure to contact Emma Kaye, our dietitian at <a href="mailto:kaye@algonquinicollege.com">kaye@algonquinicollege.com</a> to discuss food options available and accommodations that can be arranged.

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Menu Item	Halal	Vegetarian	egan,	Wheat	Milk	Egg	Soy	Peanuts	ree n	Fish & Shellfish	Sesame	Mustard	Sulphites
		orta					· · ·	4		ш (5	S		S
Mexican Feast													
Burritos													
Beans and Cheese		Х		Х	Х								
Bean Burrito		Х	Х										
Beef				Х			Х						
Chicken	Х			Х									
Pork				Х									
Quesadilla													
Beef				Х	Χ		Х						
Chicken	Х			Х	Χ								
Veggie Quesadilla				Х	Х								
Tacos													
Beef				Х			Х						
Chicken	Х			Х									
Nachos													
Chicken Supreme					Х								
Chili Cheese					Χ								
Chili Supreme					Χ								
Salsa and Cheese		Х			Х								
Supreme					Χ								
Naked Burrito Bowl/Tortilla													
Salad Bowl													
Beef				Х			Х						
Chicken	Х			Х									
Chili				Х									
Pork				Х									
Toppings													
Black Beans	Х	Х	Χ										
Burrito Sauce		Χ	Χ		Χ	Χ	Χ					Χ	
Cheese		Χ			Χ								
Guacamole	Х	Χ	Χ										
Hot Sauce	Х	Χ	Χ										
Mild Salsa	Х	Χ	Χ										
Refried Beans	Х	Χ	Χ										
Rice	Х	Χ	Χ										
Sour Cream		Χ			Χ		Χ						

White/Whole Wheat Tortilla	Χ	Χ	Χ	Χ					

Menu Item	Halal	Vegetarian	Vegan	Wheat	Milk	Egg	Soy	Peanuts	Tree nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Feast Express													
Antojitos		Х			Χ		Χ						
Breakfast Burrito	Х			Χ	Χ	Χ	Χ					Χ	
Breakfast English Muffin		Х		Х		Х							
with Bacon						Х							
With Sausage				Χ	Χ							Χ	Χ
Breakfast Special				Χ	Χ	Х	Χ				*	Х	
Without sausage or bacon		Х		Χ		Х					*		
Enchilada													
Chicken	Х			Χ									
Veggie	Х	Х	Х	Χ			Χ						
Hash brown		Х	Х		_			_					
Loaded Baked Potato					Χ		Χ						
Ultimate Mac n' Cheese		Χ		Χ	Χ								