

1. STAY ALERT

Keep your mind on your surroundings; who's in front of you and who's behind you. Don't get distracted. If you're worried about your personal safety, ask a friend to accompany you when you go out.

2. PROJECT CONFIDENCE

Communicate the message that you're calm, confident and know where you're going. Stand tall, walk purposefully, and make quick and solid eye contact with people around you.

3. TRUST YOUR INSTINCTS

If you find yourself facing circumstances that you are not comfortable with — react **as soon as** you feel uneasy. Don't second guess your instincts. If you feel uncomfortable in a place or situation for any reason — leave.

WHEN WALKING

Plan the safest route to your destination and use it. Choose well-lighted, busy streets and avoid passing vacant lots or construction sites. Take the long way if it's the safest!

Carry your purse close to your body and keep a firm grip on it. Carry a wallet in an inside coat pocket or side trouser pocket — not in a rear trouser pocket.

Don't flaunt expensive jewellery or money.

Always carry "*emergency*" money for cab fare, bus fare or a telephone call.

If you suspect you are being followed by someone on foot, cross the street and head for the nearest well-lighted populated area. Walk quickly or run to the nearest store or house, and call the police. If the person is in a car, change direction immediately and, if possible, make a note of the license number.

CAMPUS WATCH

Campus Watch escorts are available twenty-four hours a day, seven days a week. Student volunteers or Security Officers will accompany you from place to place on campus at your request. To arrange an escort simply drop by room C128 at Woodroffe campus or C112a at Rideau campus, or dial extension 5010 from any College phone.

IN ELEVATORS

- Look in the elevator before getting in to be sure no one is hiding inside.
- Stand near the controls so that you are in command of the emergency buttons and which floors the elevator stops on. If you are concerned about someone on the elevator with you, press the next available floor and get off.
- Get off the elevator if someone suspicious enters. If you are worried about someone who is waiting for the elevator with you, pretend you forgot something and do not get on.
- If you are attacked, press the alarm button / emergency call button and as many floor buttons as possible.

JOGGING AND BIKING

- Choose routes in advance that are safe and well populated.
- Vary your route and schedule.
- Avoid jogging and biking at night.
- Consider carrying a whistle or personal security alarm.
- Do not wear stereo headphones which prevent you from hearing sounds around you.

IF YOU ARE ATTACKED

- **Remain calm**
- **Have a plan**
- **Try not to panic or show any signs of anger or confusion**
- **Make noise**
- **Defend yourself, however necessary, to GET AWAY**

If the attacker is only after your purse or other valuables, do not resist. You do not want to escalate a property crime into a violent confrontation.

Make a conscious effort to get an accurate description of your attacker such as; age, race, complexion, body build, height, weight, colour and style of hair, wearing glasses or not, any scars or other identification marks and clothing.

REPORT THE INCIDENT

Immediately report the incident to the police (911), if it happens away from the College.

Contact Security Services immediately by emergency phone or by calling "5000" if it happens at the College.

GETTING HELP

Remember that...

- Emergency telephones are located at most building stairwells and entrances as well as in the parking lots. Signs are posted to indicate their location in parking lots. Emergency phones are yellow in colour and are either a regular telephone handset or a square box with a button. To place an emergency call simply pick up the handset or push the button.
- In addition to emergency telephones, you can dial "5000" from any College extension to access emergency services.

DIAL
5000
In Case Of
Emergency

Produced by

Safety &
Security Services

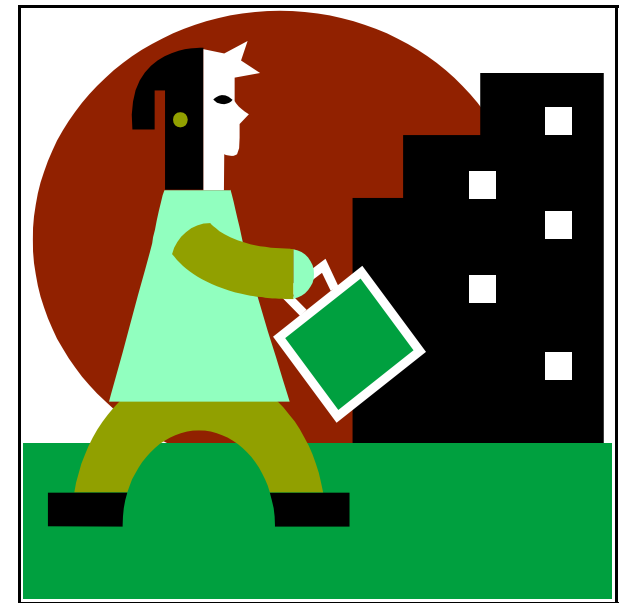
727-4723 ext. 5010

security@algonquincollege.com

Working for a safe community

Out & About

... THINGS YOU SHOULD KNOW !



ALGONQUIN
COLLEGE

