

Area of Interest: Community and Social Services

## Pathways to Indigenous Empowerment - Preparation

Ontario College Certificate

Program Code: 1937X01FWO

1 Year

Ottawa Campus

### Our Program

**Explore traditional Indigenous knowledge while building your set of transferable skills.**

This one-year Ontario College Certificate, designed in collaboration with Indigenous communities, provides you with the opportunity to develop academic and career skills while exploring traditional knowledge and building a set of transferable skills. This program helps you to explore your abilities and interests, determine your career options and learn in a post-secondary setting.

This program is designed to introduce you to the post-secondary world, enhance your math and English skills and (if you are interested) pathway you into Algonquin's Aboriginal Studies one-year Ontario College Certificate program. You will be given credit recognition for five courses in the Aboriginal Studies program.

Unique program elements such as individualized program delivery and personal weekly coaching sessions build a circle of care to engage your interests and nurture self-confidence. You are invited to explore the College and the Ottawa community by taking part in learning activities on and around the campus and by participating in various field trips.

With courses in subjects such as math, computers, and communications along with courses that explore traditional Indigenous knowledge and ways of knowing, this program helps you to prepare for further post-secondary studies or to expand your readiness for employment. It represents and shares Indigenous values that foster an inclusive, culturally meaningful approach to education and career options that connect your interests with your community.

As a graduate you may apply for further post-secondary programs or apply for work that suits your knowledge, skills and abilities. Completion of this certificate confirms to potential employers that you are able to learn at a post-secondary level. Since career exploration and planning is a key component of this program, employment opportunities within your home community may be an outcome of coursework activities and community engagement.

### SUCCESS FACTORS

This program is well-suited for students who:

- Are motivated by new opportunities for Indigenous people.
- Are needing to enhance their math and English skills for other post-secondary programs.
- Are enthusiastic about expanding their life experiences.

### Employment

Graduates may apply for further post-secondary programs or apply for work that suits their knowledge, skills and abilities. Since career exploration and planning is a key component of this program, employment opportunities within the graduates' home communities may emerge as an outcome of coursework activities and community engagement.

### Learning Outcomes

The graduate has reliably demonstrated the ability to:

- Apply appropriate strategies to establish equitable relationships, in a personal and

- Apply appropriate strategies to establish equitable relationships, in a personal and professional capacity, between Indigenous and non-Indigenous people.
- Distinguish between Indigenous and non-Indigenous perceptions of the environment, culture and society to validate multiple paths of understanding.
- Express thoughts, opinions and emotions in ways appropriate to academic and workplace environments.
- Identify personal needs in order to seek relevant support and strive towards holistic well-being.
- Articulate self-understanding, as well as personal and social responsibility as an Indigenous person living in the midst of a diverse and changing society.
- Relate principles of Indigenous knowledge to better identify personal, academic and career paths.
- Identify and apply discipline-specific practices that contribute to the local and global community through social responsibility, economic commitment and environmental stewardship.

## Program of Study

Level: 01	Courses	Hours
DAT5758	Computer Foundations	42.0
ENL0080	Foundations of Communication	98.0
MAT0028	Math for Everyday Living	70.0
SSC0105	Personal Discovery	20.0
SSC0106	Health and Wellness	56.0
SSC0107	Career Exploration	42.0
Level: 02	Courses	Hours
ENL1813R	Communications I - Academic Focus	42.0
ENV0022	Environmental Guardianship	56.0
SCI0007	The Science of Interconnection	42.0
SSC0108	Personal Development	14.0
SSC0110	Career Development	84.0
SSC0117	Transforming Turtle Island	42.0

## Fees for the 2023/2024 Academic Year

Tuition and related ancillary fees for this program can be viewed by using the Tuition and Fees Estimator tool at <https://www.algonquincollege.com/fee-estimator>.

Further information on fees can be found by visiting the Registrar's Office website at <https://www.algonquincollege.com/ro>.

Fees are subject to change.

Additional program related expenses include:

Textbooks, workbooks, additional resources may be required at a cost of up to a maximum of \$500/program.

## **Admission Requirements for the 2024/2025 Academic Year**

### **College Eligibility**

- Ontario Secondary School Diploma (OSSD) or equivalent. Applicants with an OSSD showing senior English and/or mathematics courses at the Basic Level, or with Workplace or Open courses, will be tested to determine their eligibility for admission; OR
- Academic and Career Entrance (ACE) certificate; OR
- General Educational Development (GED) certificate; OR
- Mature Student status (19 years of age or older and without a high school diploma at the start of the program). Eligibility may be determined by academic achievement testing for which a fee of \$50 will be charged.

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## **Application Information**

### **PATHWAYS TO INDIGENOUS EMPOWERMENT - PREPARATION** **Program Code 1937X01FWO**

Applications to full-time day programs must be submitted with official transcripts showing completion of the academic admission requirements through:

ontariocolleges.ca  
60 Corporate Court  
Guelph, Ontario N1G 5J3  
1-888-892-2228

Students currently enrolled in an Ontario secondary school should notify their Guidance Office prior to their online application at <http://www.ontariocolleges.ca/>.

Applications for Fall Term and Winter Term admission received by February 1 will be given equal consideration. Applications received after February 1 will be processed on a first-come, first-served

basis as long as places are available.

International applicants please visit this link for application process information:  
<https://algonquincollege.force.com/myACint/>.

For further information on the admissions process, contact:

Registrar's Office  
Algonquin College  
1385 Woodroffe Ave  
Ottawa, ON K2G 1V8  
Telephone: 613-727-0002  
Toll-free: 1-800-565-4723  
TTY: 613-727-7766  
Fax: 613-727-7632  
Contact: <https://www.algonquincollege.com/ro>

## Contact Information

### Program Coordinator(s)

- Marina Westbrook, <mailto:westbrm@algonquincollege.com>, 613-727-4723, ext. 5397

## Course Descriptions

### DAT5758 Computer Foundations

Using technology to communicate effectively is essential in the educational environment and workplace. Students develop new computer skills by using Windows file management software and produce professional type documents, spreadsheets and presentations with Microsoft Office software.

Prerequisite(s): none  
Corerequisite(s):none

### ENL0080 Foundations of Communication

Effective English communication skills are foundational to success in post-secondary education and the workforce. Working at their own pace, First Nations, Metis and Inuit (FNMI) students complete individualized study plans formulated to develop skills in active listening, reading comprehension, various writing formats and presentation skills. Through self-directed, technology-supported learning, class discussions and team activities, FNMI students acquire the skills needed for communicative competence.

Prerequisite(s): none  
Corerequisite(s):none

### ENL1813R Communications I - Academic Focus

Communication remains an essential skill sought by employers, regardless of discipline or field of study. Using a practical, vocation-oriented approach, students focus on meeting the requirements of effective communication. Through a combination of lectures, exercises, and independent learning, students practise writing, speaking, reading, listening, locating and documenting information, and using technology to communicate professionally. Students develop and strengthen communication skills that contribute to success in both educational and workplace environments. Particular attention is given to the requirements of academic writing.

Prerequisite(s): none  
Corerequisite(s):none

### ENV0022 Environmental Guardianship

Indigenous communities have unique relationships with the land that recognize that environmental health is a prerequisite to human health. From an Indigenous perspective, students explore the

principles of environmental citizenship, environmental rights, and the responsibility of individuals, communities and nations to protect the environment. Making environmentally-aware choices involves personal commitment to respecting and caring for the land and for taking responsible environmental action. Through in-class discussions, online learning, research and self-reflection, students examine conservation practices and planned sustainable use of our planet's resources through a cultural and career-focused lens. Students are also encouraged to foster and share Indigenous-based approaches to environmental responsibility.

Prerequisite(s): none

Corerequisite(s):none

### **MAT0028 Math for Everyday Living**

Effective mathematic skills are foundational to success in post-secondary education, the workforce and in establishing and maintaining healthy personal finances. Working at their own pace, First Nations, Metis and Inuit (FNMI) students complete individualized study plans formulated to develop skills in identifying math problems, applying basic number concepts and solving everyday math problems. Math skills are applied to the history of money, budgeting, credit and debt, savings, government programs, insurance and financial planning. Through self-directed, technology-supported learning, in class discussions, team activities and personal budgeting and journaling, FNMI students focus on the skills needed for competence in everyday math.

Prerequisite(s): none

Corerequisite(s):none

### **SCI0007 The Science of Interconnection**

Indigenous people have understood the natural world as relationships that bind together forces within the physical world, astronomy, cosmology and agriculture. In contrast, 'Western' scientific concepts in biology, physics and chemistry tend to isolate phenomena to understand them. Through experimentation, research, class discussions, online learning and self-reflection, students examine the ways in which scientific concepts can be viewed as interconnected and how they impact on the health and well-being of all living things.

Prerequisite(s): none

Corerequisite(s):none

### **SSC0105 Personal Discovery**

Research has shown that First Nations, Metis and Inuit (FNMI) students benefit from regular one-to-one meetings and individualized support during the transition to college. In weekly coaching sessions, FNMI students ask questions, discuss concerns, and obtain information regarding academic support, student services and career focus. Students can expect to attend weekly sessions, maintain a journal and complete guided self-discovery activities to develop a Knowledge, Skills and Abilities (KSA) inventory related to career options.

Prerequisite(s): none

Corerequisite(s):none

### **SSC0106 Health and Wellness**

Personal empowerment is built on a healthy body, mind and spirit. Through an exploration of Indigenous diets and others, students research daily energy requirements and healthy food choices. Students also learn about the positive impact that physical activity has on physical and mental well-being and how to identify injuries, treatments and preventions to keep the body healthy. Similarly, students identify ways of supporting mental and spiritual health. In a combination of lectures, discussions, hands-on exercises, meetings with Elders, online learning and self-evaluations, students determine healthy life choices for Indigenous people and their communities.

Prerequisite(s): none

Corerequisite(s):none

### **SSC0107 Career Exploration**

Research demonstrates that goal-setting is a key factor in academic and personal success. To focus on setting career goals, students discover and explore a wide variety of employment options. Through a combination of in-class activities, research projects, field trips, guest visits, self- and community-assessments, as well as online learning, students identify work opportunities that match their interests and create individual career profiles.

Prerequisite(s): none

Corerequisite(s):none

### **SSC0108 Personal Development**

Students continue to expand their interpersonal and intercultural skillset. Individualized weekly coaching sessions continue with a focus on identifying and developing successful interpersonal skills that reflect intercultural knowledge, particularly with respect to institutional processes and expectations. Students can expect to attend weekly sessions individually, as well as group meetings. Researching, journaling, self-reflection and self-expression are also required to gauge and guide the Indigenous students' perceptions of self in a non-Indigenous institution.

Prerequisite(s): SSC0105 (1)

Corerequisite(s):none

### **SSC0110 Career Development**

Students expand their personal career profile by exploring emerging issues facing employees in today's technology-driven workplace related to the realities of social networking, diversity in the workplace and work mobility. As business and higher education evolve and expectations change, students need to have the skills necessary to succeed in these new and dynamic environments as employees and/or business partners. Students investigate the strategies, tools and theories needed to thrive throughout their college career, selected professions, and in entrepreneurship. Reflections, workshops, mini-lectures, and online learning activities support the holistic development of each student. Focus is on establishing opportunities to meet potential employers, developing effective habits as a team member, as well as entrepreneurial skills and abilities.

Prerequisite(s): SSC0107 (1)

Corerequisite(s):none

### **SSC0117 Transforming Turtle Island**

Before colonization, Turtle Island was home to thousands of First Nations and Inuit communities who governed their lands according to their own cultural, political and economic systems and beliefs. The arrival of the Europeans impacted these communities in ways that are still being experienced by First Nations, Metis and Inuit (FNMI) people today. Through online learning, in class activities, field trips, guest lectures and film and video, students reflect on the historical and contemporary experiences of FNMI people in Canada. Students consider ways to realize the recommendations of the Truth and Reconciliation Commission (TRC) and to consider how the students themselves can be part of these vital and long overdue changes.

Prerequisite(s): none

Corerequisite(s):none