

# SAMPLE IDEAL WEEKLY SCHEDULE

**Step 1**

Put in each class INCLUDING time for your hybrid(s)

**Step 2**

Colour code each class so you can see at a glance what you have when

**Step 3**

Schedule in meals, work, sports, partying, etc.

**Step 4**

Schedule in 1 HW - "homework hour" for every hour you are in class for: reading, reviewing notes, starting assignment's, meetings, studying, etc.

	MON	TUE	WED	THU	FRI	SAT	SUN
8AM			Communications		Addictions	Work	
9AM			B320		H214	Work	
10AM	Psychology	HW-5	B320	HW-12	HW-14	Work	Gym
11AM	B360	HW-6	Lunch	Psychology B360	Sociology P213b	Work	
12PM	Lunch	Lunch	Skills	Lunch	Lunch		
1PM	HW-1	Computers	H214	Computers (Hybrid Hour)	HW-15	Work	
2PM	HW-2	A121	H214	Human Sexuality	HW-16	Work	
3PM	Sociology	Human Sexuality (Hybrid Hour)	HW-9	A120			
4PM	P213b	HW-7	Addictions (Hybrid Hour)	A120			HW-17
5PM	HW-3	HW-8	HW-10	HW-13			HW-18 Study Plan
6PM	Dinner	Dinner	Dinner	Dinner	Dinner		
7PM	Hw-4		HW-11				
8PM		Gym		Gym			
9PM							
10PM							