

KEY SKILLS OF A SUCCESSFUL POST-SECONDARY STUDENT

When students transition to post-secondary education, many find that they need to develop new skills in order to be successful. Looking at the sample of skills below, think about the areas where your son or daughter has strengths and challenges.

1. Which skills will require development over the summer and first semester?
2. What can you do to help encourage skill development in these areas at home?
3. What other resources in the community or on campus can help with this skill development?

Key Skills	Challenge	Needs Improvement	Strength	Ideas to Encourage Skill Development
Demonstrates organization and punctuality				
Knows and articulates needs (self-advocacy)				
Has effective social skills a. Friendships b. Peers/colleagues c. Dating/sexuality				
Interacts with different people across settings				
Deals with criticism, feedback, or rejection				
Resists peer pressure				

Key Skills	Challenge	Needs Improvement	Strength	Ideas to Encourage Skill Development
Structures environment				
Knows how to use leisure time				
Possesses basic daily living skills a. Getting around b. Managing money c. Hygiene d. Safety				
Knows and displays proper classroom etiquette				
Demonstrates appropriate study habits				
Has the necessary academic skills - abstract thinking, critical thinking, and logic, making inferences, coming to conclusions after considering information from different sources, etc.				
Writes in a way that is clear and free from errors				
Other:				