|  |
| --- |
| **SQ3R** |
| **Survey**  ⦁ASK: What do I already know?  ⦁Start at the END!...read the chapter Summary.  ⦁Highlight: Headings and Subheadings.  ⦁Review illustrations and captions.  ----BREAK----  **Question**  ⦁Turn headings into questions.  ⦁Write the questions down.  ---BREAK---  **Read**  ⦁Look for answers to your questions.  ⦁Reread pictures, diagrams.  ⦁Make note of vocabulary.  ⦁Slow down if the material is heavy or difficult to understand.  ⦁Take some notes, but put material into your words.  --Take Your Notes to Class—  **Recite**  ⦁Orally “test” yourself using your questions.  ⦁Read aloud to enhance learning.  ⦁Create memory cues for information that is “tricky” to recall.  ---BREAK---  **Review**  ⦁Works best when it is a regular part of your routine.  ⦁Create a Review Schedule to avoid cramming just before a test or exam.  ⦁Write to create cue cards-use your questions and memory cues.  R4 – **Relate** everything to what you know! |