Please see below for Health Services information for students on the Ottawa, Pembroke and Perth Campuses.

Ottawa Campus:

There are several measures that Health Services has implemented to play our part in managing this pandemic.

- **Please note that COVID-19 testing is NOT available at our clinic.**
- **If you have been tested for COVID-19 infection you will not be able to attend our clinic in person until we receive your test results indicating that you have tested negative.**

1. **Before you come to Health Services:**
   - If your condition/concern is not urgent, please consider delaying it to a later date.
   - As per the President’s message on March 17:
     - All non-paid practicums, field and clinical placements are suspended. Therefore, all requests for immunizations or medical requirements for program placements will be deferred to a later date.
     - Paid co-op work-term placements, work will continue at host employers as long as it is safe to do so and employers continue to operate. We will continue to provide immunization or medical requirements in these cases if they cannot be deferred. A phone call with a nurse can help determine what is best in these cases.
   - If you need to see a doctor or nurse, please call 613-727-4723 ext.7222 **BEFORE COMING TO THE CLINIC.** You will be screened for COVID-19 symptoms and travel history when you call.
   - Please do not come to the clinic without calling to book an appointment first. We need you to do your part to help stop the spread of the virus.
   - If your condition/concern cannot wait and does require an appointment, or if you are not sure if it can wait, please call us at 613-727-4723 ext.7222 to speak with a Receptionist or Nurse. If you do require an appointment, please know that we will be booking a telephone or video appointment whenever possible. If you do not require a physical examination – a telephone or video appointment should be possible.
   - If you already have an appointment booked with a doctor or nurse, we may call and either re-schedule/delay your appointment or offer you a phone visit if appropriate.
   - If you are scheduled for a phone or video visit:
     - Your doctor will contact you at the number you have provided at the scheduled time. There may be delays due to clinic demands. Please note that when doctors are calling from their home office, the call may show ‘no caller ID’.
We will be able to renew prescriptions and order testing as necessary through a phone appointment.
If a physical exam is deemed necessary we will try to arrange an appointment in clinic with a doctor.

2. If you come to Health Services:
   - You will be screened for symptoms of COVID-19 and travel history when you arrive (even if already screened by phone).
   - You will be given a mask if you need one. You must wear this throughout the duration of your visit to Health Services clinic.
   - No visitors are allowed in the clinic at this time. Friends/family will be asked to wait outside of the Health Services clinic.
   - Try to stay 2 meters (6 feet) away from other people.
   - Do not touch any surfaces.
   - Please use the hand sanitizer at entry to the clinic, after you have applied your mask, before leaving, and after coughing or sneezing.
   - We recommend that every patient use hand sanitizer upon entering the clinic and upon leaving – even if you are not sick.

Pembroke Campus:

you are from the Pembroke Campus, please call Health Services at 613-735-4700 x2748. Please also visit this resource page for the Renfrew County District Health Unit: https://www.rcdhu.com/novel-coronavirus-covid-19-2/

Perth Campus:

If you are from the Perth Campus please contact the Perth/Smiths Falls hospital 613-267-1500. Please also visit this resource page for the Leeds, Grenville and Lanark District Health Unit: https://healthunit.org/