



SAFELY

PUTTING ON

and

TAKING OFF

A NON-MEDICAL

(cloth)

MASK



PUTTING ON

1. Wash your hands before
2. Place your mask on your face so it covers your mouth and nose snugly (no gaps)
3. If applicable, pleats on outer side are facing down
4. If applicable, pinch metal strip over nose
5. Do not touch the mask or your face while using it
6. Do not leave it on your neck, forehead, or hanging from your ear



TAKING OFF

1. Change your mask as soon as it gets damp or dirty
2. Wash your hands before removing
3. Remove it without touching the side that faces outwards
4. Put the mask directly into the washing machine or plastic bag for cleaning
5. Wash your hands and clean any surface the mask has touched