



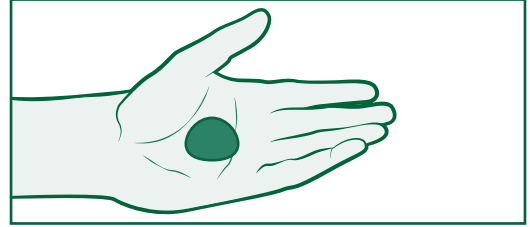
PROPER

HAND
SANITIZING

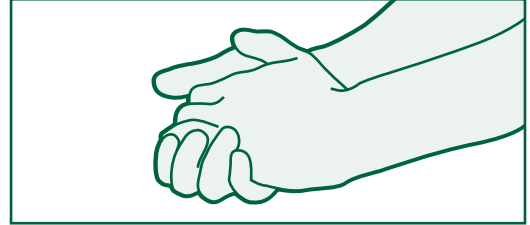
HELPS

PREVENT
THE SPREAD
OF GERMS

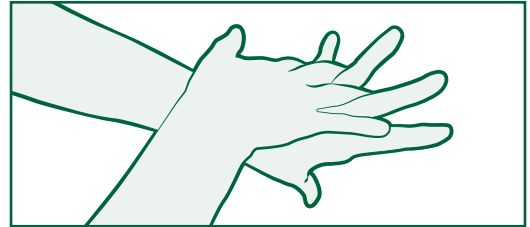
1. Place a quarter-size drop of alcohol-based hand sanitizer in your palm



2. Rub hands together; palm to palm



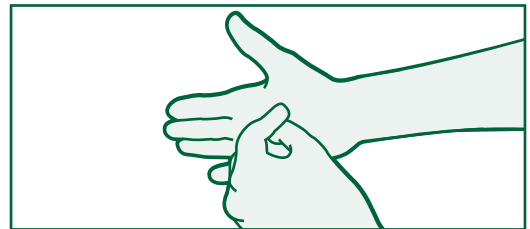
3. Rub back of each hand with palm and fingers of the other hand



4. Rub around each thumb



5. Rub fingertips of each hand back and forth in the other hand



6. Rub until your hands are dry (at least 15 seconds)

