CHOCOLATE PEANUT BUTTER OVERNIGHT OATS

Ingredients

- 1/2 cup old-fashioned oats
- 2/3 cup skim milk or non-dairy milk
- 1/2 cup vanilla Greek yogurt
- 2 tbsp peanut butter
- 1 tbsp cocoa powder
- 1 pinch salt
- 1/4 cup mashed banana (1 small)
- 1/4 cup raspberries

• Optional Toppings

- Raspberries
- Whole almonds
- Sliced bananas

Instructions

- 1. Place all ingredients, except raspberries and optional toppings, into a mediumsized bowl.
- 2. Stir until well combined; then, gently fold in 1/4 cup raspberries.
- 3. Refrigerate overnight in an airtight container such as a mason jar.
- 4. In the morning, add optional toppings if desired.

Recipe available online: showmetheyummy.com/ chocolate-peanut-butter-jelly-overnight-oats

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