



42 FIELD REGIMENT

GENERAL INFORMATION

BASIC APPLICATION ELIGIBILITY

All applicants must meet the following requirements at the time of application:

- Be a minimum of 16 years of age (with parental consent);
- Be a Canadian citizen ;
- Have a minimum of six High School (NS/PEI) credits (including math and English); and
- Be free from outstanding legal obligations (such as probation, pending court dates etc.)

TERMS OF SERVICE

Army Reservists complete the same physical and military training as Regular Force members; however, there are no long-term commitments and you don't have to take part in missions away from home. Part-time service in the Canadian Forces gives you the flexibility to choose your unit, your schedule and your trade.

PAY AND BENEFITS

The starting pay rate at the rank of Private (Recruit) is **\$90/day**. On promotion to Corporal the pay rate increases to **\$131/day** (after approx. 2 years).

During full time employment (short term contracts) you are paid 7 days a week. For specific pay rates please ask a recruiter or check the Pay Tables at FORCES.CA.

The Army Reserve offers a reasonable benefits package including:

- A competitive pension plan;
- Dental insurance;
- Reimbursement program for school fees for any College or University Program under certain conditions and to a maximum of \$8,000 during your career.

TRAINING

BASIC MILITARY QUALIFICATION COMMON (BMQ-C)

The first stage of training is the Basic Military Qualification Common (BMQ-C) course. Usually run on weekends during the school year, this training provides the basic military skills and knowledge common to all trades. This course ensures that all recruits attain the CF physical fitness standard.

BMQ-C covers the following topics:

- handling and firing personal weapons;
- policies and regulations of the Canadian Forces;
- CF drill, dress and deportment (the "three Ds");
- basic safety;
- first aid;
- personal survival in nuclear, biological and chemical warfare conditions;
- cross-country navigation; and
- personal survival in field conditions.

BASIC MILITARY QUALIFICATION LAND (BMQ-L)

On successful completion of BMQ-C, soldiers go to a Military Training Centre for the 4-week BMQ-L course, which covers the following material:

- Army physical fitness;
- dismounted offensive and defensive operations;
- reconnaissance patrolling;
- advanced weapons-handling (working with grenades, machine-guns and anti-tank weapons); and
- individual field-craft.

MILITARY OCCUPATIONAL TRAINING (DP-1)

On completion of BMQ-L, recruits attend Basic Military Occupational (MOC) Training at a military training centre. MOC Training length varies depending on your trade, and covers the techniques and procedures you will need to know to be employed as a soldier in your chosen trade.



APPLY NOW

OFFICE LOCATION
177 VICTORIA STREET, PEMBROKE, ON
NO APPOINTMENT REQUIRED

OFFICE HOURS
MONDAY - FRIDAY 9am - 4pm

THURSDAY START - END
FRIDAY START - END



FOR INFORMATION CALL
613-732-4470 ext 252
42FdRegt.Recruiting@forces.gc.ca

AVAILABLE TRADES

COMBAT ARMS

- Artillery Officer
- Artillery Soldier

COMBAT SERVICE & SUPPORT

- Human Resource Assistant
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COMMON QUESTIONS

What are my obligations as an Army Reservist?

To become trained and employable as a soldier you are required to complete 3 courses; the *BMQ-C*, *BMQ-L* and *DP-1/MOC*. This involves a part time commitment during the fall / winter / spring followed by a minimum of one full time summer term.

Once qualified Army Reserve soldiers are expected to serve approximately one weekend per month and one night per week.

Can I work Full-Time?

There are opportunities for full time work both during the summer months and year-round. These positions vary in their skill requirements and must be applied for through your Unit.

If you decide that you want to pursue the military as a career you can also transfer to the Regular Force to work full time.

Will I be sent on operations overseas?

The opportunity exists to volunteer for operational deployments, but there is absolutely no obligation to do so. All Reservists who serve do so voluntarily and must request to deploy overseas.

Will I have to leave the Province?

During your first summer while taking courses to become a qualified soldier in your chosen trade you may be required to leave the province.

TRANSFERABLE JOB SKILLS

- EXCELLENT PERSONAL DISCIPLINE
- EXPERIENCE TEAM BUILDING
- LEADERSHIP & MANAGEMENT EXPERIENCE
- TIME MANAGEMENT SKILLS
- PHYSICAL FITNESS & ENDURANCE
- HIGH STRESS MANAGEMENT
- WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS)
- FIRST AID & CPR TRAINING

THE APPLICATION PROCESS

1. SPEAK WITH A RECRUITER

Identify a TRADE/JOB and Entry Plan.

2. APPLY ONLINE AT FORCES.CA

3. COMPLETE PROCESSING

A. Physical Fitness Test (FORCE Evaluation)

B. Canadian Forces Aptitude Test (CFAT)

C. Trait Self-Descriptive Survey

D. Employment Interview

E. Medical Examination

4. ENROLMENT (EMPLOYMENT)

You're sworn in as a member of your chosen unit and clear in. Your career with Canada's Army reserve begins.

5. START BASIC TRAINING

Once you receive your kit and equipment your unit chain of command will load you on the next available Basic Training Course, dates and location vary.

FOR MORE INFORMATION OR TO APPLY VISIT

WWW.FORCES.CA