**SELF-ASSESSMENT for PLAR for GED0013 – Social and Cultural Understanding**

The first steps of the PLAR process ask that you reflect on how your knowledge and skills match up to Learning Outcomes.

This is done through the completion of the Self-Assessment Form on the following page. The information you provide in the self-assessment will help you and the academic area to determine your eligibility for PLAR.

**Instructions:**

1. Review the Student Resource Guide for GED0013.
2. Use the form on the next page to think about where you have learning that relates to the stated knowledge and skills. List evidence of your learning. Ask yourself:
	* 1. *How do I currently use this knowledge/skill?*
		2. *What previous training have I had to gain this knowledge/skill – workshops, courses, on-the-job?*
		3. *What personal development or volunteer experience do I have in this area?*
		4. *What life experiences have I had with this knowledge/skill?*
3. If you are able to provide evidence of learning for all four questions in any one section, you may be a good candidate to proceed with the PLAR process.
4. Your eligibility to challenge a course through PLAR will ultimately be determined by the academic area, so fill in the online application form and attach your completed self-assessment form to continue the PLAR process.

**Course Code:** GED0013

**Course Name:** SOCIAL AND CULTURAL UNDERSTANDING

| **Section A** | **Prompt** | **Evidence of Learning** *(be specific about your experience)* |
| --- | --- | --- |
| 1. Have you ever lived in a non-English-speaking country? If so, can you: | a. explain how the experience influenced your outlook on life? |  |
| b. explain which of its cultural forces shaped your current values? |  |
| c. identify present-day and historical cultural figures and events there? |  |
| d. defend the importance of exposing oneself to a different culture? |  |

| **Section B** | **Prompt** | **Evidence of Learning** *(be specific about your experience)* |
| --- | --- | --- |
| 2. Have you ever taught (ESL for example) in another country? If so, did you consider: | a. how linguistic differences affect cultural attitudes and outlooks?  |  |
| b. the influence of history on language development and teaching? |  |
| c. how news/entertainment media influence national cultural character? |  |
| d. the social and cultural factors that influence one’s ethical values? |  |

| **Section C** | **Prompt** | **Evidence of Learning** *(be specific about your experience)* |
| --- | --- | --- |
| 3. Have you ever lived and worked alongside indigenous populations? If so, did you: | a. discover different economic systems for goods and services? |  |
| b. come to respect different ways of knowing? |  |
| c. change the way you communicate with other people at the time and since then? |  |
| d. get a sense of how the history of colonialism impacts the present? |  |

| **Section D** | **Prompt** | **Evidence of Learning** *(be specific about your experience)* |
| --- | --- | --- |
| 4. Have you ever studied history or other cultures? If so, were you able to: | a. see how biased all views of history or culture are? |  |
| b. replace your prejudices with a deeper understanding of diversity? |  |
| c. appreciate cultural practices very different than your own? |  |
| d. connect our shared past to your personal present? |  |