

Area of Interest: Recreation and Wellness

Recreation and Leisure - Entry Into Level 03

Ontario College Diploma

Program Code: 0422B01FWO

2 Years

Ottawa Campus

Our Program

Pursue a career supporting healthy living and build stronger communities.

Recreation and Leisure - Entry into Level 03 allows graduates of the Fitness and Health Promotion Ontario College Diploma program to enter the Recreation and Leisure Ontario College Diploma program with advanced standing.

The two-year Recreation and Leisure Services Ontario College Diploma program prepares you to pursue a career in a variety of supporting roles and leadership positions at culturally relevant recreation facilities, parks and in open spaces. In this program, you learn how to make a difference in the community by promoting and advocating for the benefits of recreation, leisure and healthy living.

Experience the fun, exciting and growing recreation and leisure services field. As a student, you complete more than 300 hours of field placement, which provides you with on-the-job training and active experience in the industry.

After graduating, you may find work in a variety of roles. These can include work in not-for-profit and commercial, private or government environments, such as:

- commercial centres
- senior centres
- cruises
- resorts
- adventure tourism
- arts and cultural facilities

SUCCESS FACTORS

This program is well-suited for students who:

- Are passionate about working in a community environment with a focus on helping people explore their leisure interests.
- Enjoy a hands-on approach to learning about the sports and leisure service industry.
- Are intrigued by planning, designing and implementing recreation programs and special events for a variety of people.
- Enjoy leading others in leisure activities that foster camaraderie and personal well-being.
- Are outgoing and inspirational.

Employment

Graduates may find employment as recreation programmers, event planners and program coordinators in municipal recreation departments, volunteer and community agencies, social

service agencies, hospitals, therapeutic recreation agencies, retirement or long-term care facilities, resorts and tourism areas.

Learning Outcomes

The graduate has reliably demonstrated the ability to:

- Develop, implement and evaluate inclusive recreation, leisure and wellness programs and events for individuals, groups and communities which respond to assessed needs, interests, abilities and that use available resources and incorporate best practices.
- Apply administrative and customer service skills to support the delivery of recreation, leisure and wellness programs, events and services.
- Analyze, develop and implement marketing strategies to reach diverse individuals, groups and communities for programs, events, services and facilities using current communication technologies.
- Contribute to the development of fiscally sustainable and responsible recreation, leisure and wellness programs, events and services using current and relevant principles and practices of business, finance and social entrepreneurship.
- Supervise, lead and support the development of staff and volunteers involved with recreation, leisure and wellness programs, events and services.
- Apply safety and accessibility practices to the efficient operation and administration of recreation and leisure facilities and settings.
- Promote the benefits and values of recreation, leisure and healthy active living and recommend inclusive programs, events and services to individuals and groups.
- Apply community development strategies which engage citizens and community partners while advocating for healthy communities.
- Develop strategies for ongoing personal and professional development as a recreation and leisure services professional.
- Identify and apply discipline-specific practices that contribute to the local and global community through social responsibility, economic commitment and environmental stewardship.

Program of Study

Level: 03	Courses	Hours
RCR0036	Community Development	36.0
RCR1306S	Field Placement Seminar II: Career Planning	10.0
RCR1317	Program Development III: Trends in Recreation	24.0
RCR1345	Therapeutic Recreation: Older Adults	24.0
RCR1391	Program Administration	24.0
RCR1424	Marketing	36.0
RCR1449P	Field Placement II	70.0
Choose one from equivalencies: Courses		Hours
GED0422	General Education Elective	42.0
Level: 04	Courses	Hours

RCR1418	Ethics and Values in Recreation	18.0
RCR1419	Therapeutic Recreation	18.0
RCR1421	Entrepreneurship	27.0
RCR1422S	Field Placement Seminar III	10.0
RCR1452P	Field Placement III	175.0
RCR1455	Special Events	27.0
RCR1456	Facilities Management	18.0
Choose one from equivalencies: Courses		Hours
GED0422	General Education Elective	42.0

Fees for the 2024/2025 Academic Year

Tuition and related ancillary fees for this program can be viewed by using the Tuition and Fees Estimator tool at <https://www.algonquincollege.com/fee-estimator>.

Further information on fees can be found by visiting the Registrar's Office website at <https://www.algonquincollege.com/ro>.

Fees are subject to change.

Additional program-related expenses include:

Books and supplies cost approximately \$300 per term. Supplies can be purchased at the campus store.

Admission Requirements for the 2025/2026 Academic Year

Program Eligibility

- Algonquin College graduates of the Fitness and Health Promotion (3010X) Ontario College Diploma program who have maintained a minimum GPA of 1.0/4.0 (50%, D-) and who have a valid Police Records Check for Service with the Vulnerable Sector may be granted 18/33 course exemptions towards a Recreation and Leisure Services Ontario College Diploma.

Field Placement Eligibility:

Field placements occur in the first and second year of the program.

Hospital and Field Placements/Outreach require Health and Safety, WHMIS and OWHSA training and de-escalation training prior to placements. There are additional costs associated with training that should be anticipated by students which are not covered by tuition fees.

To be eligible for placement, you must submit proof of Standard First Aid certification, CPR level C, PRCSVS, and complete immunizations through ParaMed and pay associated costs. ParaMed services are the third-party provider who collects all field placement documentation for the School of Health and Community Studies.

Should you require further information, please contact the Program Chair.

Admission Requirements for 2024/2025 Academic Year

Program Eligibility

- Algonquin College graduates of the Fitness and Health Promotion (3010X) Ontario College Diploma program who have maintained a minimum GPA of 1.0/4.0 (50%, D-) and who have a valid Police Records Check for Service with the Vulnerable Sector may be granted 18/33 course exemptions towards a Recreation and Leisure Services Ontario College Diploma.

- Field Placement Eligibility:**Application Information****RECREATION AND LEISURE - ENTRY INTO LEVEL 3**
Program Code 0422B01FWO

To apply to this program please email the program coordinator, Kim Goodman,
<mailto:goodmak@algonquincollege.com> .

Applications to full-time day programs must be submitted with official transcripts showing completion of the academic admission requirements through:

ontariocolleges.ca
60 Corporate Court
Guelph, Ontario N1G 5J3
1-888-892-2228

Students currently enrolled in an Ontario secondary school should notify their Guidance Office prior to their online application at <https://www.ontariocolleges.ca/> .

Applications for Fall Term and Winter Term admission received by February 1 will be given equal consideration. Applications received after February 1 will be processed on a first-come, first-served basis as long as places are available.

International applicants please visit this link for application process information:
<https://https://algonquincollege.force.com/myACint/> .

For further information on the admissions process, contact:

Registrar's Office
Algonquin College
1385 Woodroffe Ave
Ottawa, ON K2G 1V8
Telephone: 613-727-0002
Toll-free: 1-800-565-4723
TTY: 613-727-7766
Fax: 613-727-7632
Contact: <https://www.algonquincollege.com/ro>

Additional Information

The Recreation and Leisure Services program consists of courses that are delivered in a variety of formats including face-to-face in a classroom, hybrid (combination of classroom and online learning) and online courses. Students participate in laboratory and field placement learning activities. Mandatory field placements may be scheduled outside of regular class hours. Class schedules vary from term to term and courses may be scheduled between the hours of 8 a.m. and 10 p.m. Monday through Thursday and 8 a.m. and 6 p.m. on Friday.

Students may apply for transfer of academic credits from Algonquin College (internal transfer) or from other institutions (external transfer). College Policies AA09 and AA10 apply to transfer of credits. Students pay a fee for each course they wish to be exempt from and must provide course outlines and transcripts for the course substituted. <https://www.algonquincollege.com/directives> .

We recognize the importance of prior learning and life experience. Students may apply for credit by challenging courses using Prior Learning Assessment and Recognition (PLAR). Through either a portfolio or challenge examination, a PLAR may lead to the acceptance of work and life experience in lieu of taking certain courses. College Policy AA06 applies to PLAR. More information can be found at <https://www.algonquincollege.com/col/plar.html> .

Although part-time study is not available, customized delivery of program components may be arranged.

ACADEMIC PROBATION:

Students who have two or more F grades in a given term or whose term grade point average falls below 1.7 are considered to be on academic probation (Policy AA14 Grading System). This requires the student to meet with their academic advisor or coordinator to sign a learning contract which

identifies the conditions which must be met to continue in the program. Students who do not meet the terms of their learning contract are withdrawn from the program.

PROGRESSION:

Students receiving three or more Failures in a term **MUST** successfully complete these courses prior to moving on to the next level of the program. This may mean that the student sits out a term before returning to the program. Any exceptions to this policy are at the discretion of the faculty team.

Contact Information**Program Coordinator(s)**

- Kim Goodman, <mailto:goodmak@algonquincollege.com> ,

Course Descriptions**GED0422 General Education Elective**

Students choose one course, from a group of general education electives, which meets one of the following four theme requirements: Arts in Society, Civic Life, Social and Cultural Understanding, and Science and Technology.

Prerequisite(s): none

Corerequisite(s):none

GED0422 General Education Elective

Students choose one course, from a group of general education electives, which meets one of the following four theme requirements: Arts in Society, Civic Life, Social and Cultural Understanding, and Science and Technology.

Prerequisite(s): none

Corerequisite(s):none

RCR0036 Community Development

Recreation professionals facilitate the growth of healthy communities by mobilizing citizens through the recreation and leisure services provided in the community. Students learn about the asset based community development process within the public and non-profit sectors including strategies for community engagement, volunteer management, advocacy, fundraising and grant writing. Students also develop essential skills in networking, building relationships and securing partnerships all necessary to the field of community development.

Prerequisite(s): none

Corerequisite(s):none

RCR1306S Field Placement Seminar II: Career Planning

Building on previous field preparation work, students acquire a deeper awareness of the role of the recreation professional. Students develop a professional career plan, with a focus on their transition to the workforce. Skills in client engagement, professionalism, networking, interviewing and e-portfolio development are developed with a focus on implementation and demonstration during field placement.

Prerequisite(s): RCR1303 and RCR1304P and RCR1305S

Corerequisite(s):none

RCR1317 Program Development III: Trends in Recreation

Trends are a significant factor in the field of recreation and leisure services. Community needs assessment skills, including collection of statistics, research methods and report writing, are presented and applied to planning community programs. Students then design and implement a

recreation program on campus. Students are also exposed to feasibility studies, master plans, community profiles and develop tools necessary to predict and determine what may be required to meet the needs of various community-based user groups. Particular emphasis is placed on demographics and how they apply to the marketplace.

Prerequisite(s): RCR1353

Corerequisite(s):none

RCR1345 Therapeutic Recreation: Older Adults

The demographics are changing in Canada as a result of an aging population. Students are introduced to the changing scene in recreation with respect to providing opportunities and activities for an aging population. The theories of aging and the aging process are examined. The needs and interests of older adults are considered as they relate to community services, recreation and leisure opportunities and programming principles and practices.

Prerequisite(s): none

Corerequisite(s):none

RCR1391 Program Administration

Program management and trends in technology are essential skills in today's workplace. Students are provided with an opportunity to apply sports and recreational programming concepts using a variety of software and applications. Students explore various types of software tools for budgeting and social media platforms, marketing, promotional and service delivery purposes. These tools are used to develop recreational activities and are then integrated into a simulated service delivery model.

Prerequisite(s): none

Corerequisite(s):none

RCR1418 Ethics and Values in Recreation

Making the right decision is sometimes difficult to do. Ethical dilemmas arise when there is more than one way to resolve an issue. Students examine personal, social and professional values, beliefs, morals and ethics and how they relate to ethical decision making. In doing so, they develop an appreciation for behaving ethically. Students examine a six-step model for resolving ethical issues.

Prerequisite(s): none

Corerequisite(s):none

RCR1419 Therapeutic Recreation

The Therapeutic Recreation Ontario Standards of Practice are examined in more depth and hands-on application is provided. Students enhance their understanding of Therapeutic Recreation as a professional career choice and gain the basic tools to plan and implement programs for a specific client population.

Prerequisite(s): none

Corerequisite(s):none

RCR1421 Entrepreneurship

In a rapidly changing world, it is important to recognize the role, skills and characteristics associated with entrepreneurship. Students build on marketing principles and explore innovative thinking techniques, personal branding, "pitching" ideas, trends analysis, and local and global entrepreneurship. Students put into practice entrepreneurial skills and strategies to recognize opportunities within the recreation, leisure and wellness sectors. Through individual projects, students engage in the entrepreneurial process to deliver a product or service to today's marketplace and report on their findings.

Prerequisite(s): RCR1424

Corerequisite(s):none

RCR1422S Field Placement Seminar III

Students continue to develop as emerging recreation professionals with the extension of the learning opportunities that integrate theory and practice. Students learn to identify, practise and adapt personal and team skills in preparing for work in the recreation and leisure services field.

Prerequisite(s): RCR1306S

Corerequisite(s):none

RCR1424 Marketing

Knowledge of marketing concepts and strategies are essential in promoting recreation and leisure services. Through the use of technology, in-class activities and guest speakers, students explore consumer behaviour as related to decision making, pricing and communication strategies. As well, students examine the use of social media from a promotional perspective. Through the use of marketing methodology principles, students develop a marketing plan useful in a service industry and discuss a variety of marketing strategies in order to generate revenue and promote programs.

Prerequisite(s): none

Corerequisite(s):none

RCR1449P Field Placement II

Students continue to integrate theory and professional expectations within their chosen field placement. Students further explore their area of interest in the field of recreation and deepen their understanding of program development, implementation and assessment. Students apply knowledge of community development, engagement, risk management and program administration.

Prerequisite(s): RCR1304P and RCR1305S

Corerequisite(s):none

RCR1452P Field Placement III

Students continue to focus on advanced skills in areas such as communication, programming and administration while consolidating knowledge and skills gained in previous placements. Students experience unique opportunities and demonstrate an understanding of how community systems, professionals and clients work together to co-create healthy vibrant communities.

Prerequisite(s): RCR1306S and RCR1449P

Corerequisite(s):none

RCR1455 Special Events

All events are unique in that they are organized with the benefits of the individual or community group in mind. Events may be in the form of a challenge, celebration, commemoration, conference or tournament. Students examine the guidelines and procedures of event planning from conception to completion, with an experiential learning opportunity. Students apply the skills they have accumulated throughout the program to lead, design, market, manage finances, manage risk, and evaluate the outcomes of an event. Students also become familiar with tournament design formats.

Prerequisite(s): none

Corerequisite(s):none

RCR1456 Facilities Management

Students are introduced to facility management practices with a key focus on site visits to recreation facilities and a Long-Term Care facility. Students explore the application of technology, energy management, preventative maintenance, facility operations, project management, facility

planning and design and legislation. Through class activities and site visits, students develop a fundamental understanding of commissioning a new facility, the conversion of an existing facility component, and renovating facilities, as related to facilities management.

Prerequisite(s): none

Corerequisite(s):none