Area of Interest: Community and Social Services

Child and Youth Care

Ontario College Advanced Diploma
3 Years
Ottawa Campus

Academic Year: 2019/2020
Program Code: 0476X01FWO

Our Program

Turn your passion for helping into a rewarding career.

The three-year Child and Youth Care Ontario College Advanced Diploma program prepares you to help vulnerable children, youth and families with complex needs.

Learn to develop and implement a wide range of prevention, intervention and treatment strategies to foster positive change and healthy development in clients. Apply the principles of relational practice with clients, while respecting their unique culture and human diversity.

In classes, you learn practical and theoretical concepts and then apply them in field placements.

Working with clients in field placements helps you to develop into a confident and competent child and youth care practitioner. By the end of this program, you have more than 1,000 hours of experience in the field of child and youth care.

This is the only Child and Youth Care program in Ontario to offer two courses in therapeutic outdoor activities. In these courses, you learn to facilitate therapeutic activities in the outdoors while on a camping trip with fellow classmates and faculty - a truly memorable learning experience.

There is a wide variety of work opportunities for you after graduation. As a child and youth care practitioner, you may find employment in a:

- group home
- hospital
- mental health treatment centre
- shelter
- school
- youth justice program
- community resource centre

SUCCESS FACTORS

This program is well-suited for students who:

- Are emotionally strong and able to cope with stress, challenges and crises.
- Are committed to understanding, working with and facilitating positive change in the lives of children, youth, families and the community.
- Prefer to work as a member of a team.
- Have strong observation and analytical skills.
- Have strong language (oral and written) skills.
• Are open minded, embrace the concept of diversity, respect and accept the uniqueness in others.

**Employment**

There are a wide variety of work opportunities for you after graduation. As a child and youth care practitioner, you may find employment in a:

• group home
• hospital
• mental health treatment centre
• shelter
• school
• youth justice program
• community resource centre

**Learning Outcomes**

The graduate has reliably demonstrated the ability to:

• Develop and maintain relationships with children, youth and their families, applying principles of relational practice and respecting their unique life space, cultural and human diversity.

• Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.

• Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.

• Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.

• Advocate for the right of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts.

• Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.

• Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.

• Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.

• Identify and apply discipline-specific practices that contribute to the local and global community through social responsibility, economic commitment and environmental stewardship.

**Program of Study**

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<tr>
<th>Level: 01</th>
<th>Courses</th>
<th>Hours</th>
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<tr>
<td>ENL1813S</td>
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<tr>
<td>FAM0001</td>
<td>Principles of Psychology</td>
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<tr>
<td>FAM1054</td>
<td>Introduction to Child and Youth Care</td>
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<td>FAM1258</td>
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<td>FAM1050</td>
<td>Therapeutic Activities</td>
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<td>FAM1052</td>
<td>Youth in Conflict with the Law</td>
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<td>FAM1064</td>
<td>Child and Youth Care Interventions</td>
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<td>FAM1075</td>
<td>Field Practice I</td>
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<td>FAM1082</td>
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Choose one from equivalencies: Courses

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<tr>
<td>FAM1274</td>
<td>Mental Health II</td>
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Fees for the 2019/2020 Academic Year

Tuition and related ancillary fees for this program can be viewed by using the Tuition and Fees Estimator tool at [https://www.algonquincollege.com/fee-estimator](https://www.algonquincollege.com/fee-estimator).

Further information on fees can be found by visiting the Registrar’s Office website at [https://www.algonquincollege.com/ro](https://www.algonquincollege.com/ro).

Fees are subject to change.

Additional program related expenses include:
Admission Requirements for the 2020/2021 Academic Year

College Eligibility

- Ontario Secondary School Diploma (OSSD) or equivalent. Applicants with an OSSD showing senior English and/or Mathematics courses at the Basic Level, or with Workplace or Open courses, will be tested to determine their eligibility for admission; OR
- Academic and Career Entrance (ACE) certificate; OR
- General Educational Development (GED) certificate; OR
- Mature Student status (19 years of age or older and without a high school diploma at the start of the program). Eligibility may be determined by academic achievement testing for which a fee of $50 (subject to change) will be charged.

Program Eligibility

- English, Grade 12 (ENG4C or equivalent) with a minimum grade of 65% or higher.
- Eligibility for Direct Entry to Second Year: Ontario College Diploma, Ontario College Advanced Diploma or Degree in a Human Social Services.
- International applicants must provide proof of the subject specific requirements noted above along with proof of either: (IELTS / TOEFL) IELTS-International English Language Testing Service (Academic) Overall band of 6.5 with a minimum of 6.0 in each band; OR TOEFL-Internet-based (iBT)-overall 88, with a minimum of 22 in each component: Reading 22; Listening 22; Speaking 22; Writing 22.
- Applicants with international transcripts must provide proof of the subject specific requirements noted above and may be required to provide proof of language proficiency.
- Should the number of qualified applicants exceed the number of available places, applicants will be selected on the basis of their proficiency in English.

Admission Requirements for 2019/2020 Academic Year

College Eligibility

- Ontario Secondary School Diploma (OSSD) or equivalent. Applicants with an OSSD showing senior English and/or Mathematics courses at the Basic Level, or with Workplace or Open courses, will be tested to determine their eligibility for admission; OR
- Academic and Career Entrance (ACE) certificate; OR
- General Educational Development (GED) certificate; OR
- Mature Student status (19 years of age or older and without a high school diploma at the start of the program). Eligibility may be determined by academic achievement testing for which a fee of $50 (subject to change) will be charged.

Program Eligibility

- English, Grade 12 (ENG4C or equivalent) with a minimum grade of 65% or higher.
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• Applicants with international transcripts must provide proof of the subject-specific requirements noted above and may be required to provide proof of language proficiency.

Should the number of qualified applicants exceed the number of available places, applicants will be selected on the basis of their proficiency in English.

**Eligibility for Direct Entry to Second Year:**

• University degree in Social Sciences or a two-year diploma in a Human Services program.

**Health Requirements:**

The physical and emotional health of each applicant to the program must be such that he or she can successfully cope with the program of instruction including the demands of field placement (e.g. stress and time management). Individuals who have concerns about their ability to meet these requirements should contact the coordinator of the program prior to submitting an application.

**Police Records Check Documentation:**

Though not an admission requirement, applicants must note important information listed below regarding Police Records Check program requirements.

Students must provide the College with a current Police Records Check for Service with the Vulnerable Sector (PRCSVS) prior to the deadline identified by the department and students are responsible for any associated costs. If this documentation is not submitted on time, students may not be placed in field practice and registration in the program will be jeopardized. If you register in the program without a clear PRCSVS and as a result are unable to participate in placement, you will not be able to graduate and will be asked to withdraw.

**Field Placement Eligibility:**

Field placements occur only in second and third year of the program.

To be eligible for placement, you must submit proof of Standard First Aid certification, CPR level C, PRCSVS, and complete and up to date immunizations to ParaMed. ParaMed services are the third-party provider who collects all field placement documentation for the Community Studies department.

**Promotional Status:**

All courses in Level 01 and Level 02 (Year 1) must be successfully completed before entering Level 03 (Year 2) of the program. In Level 03 to Level 06, students must pass all courses to be granted admission to the following level. Special consideration may be given to those who are unsuccessful in one course. If exceptions are granted based on extenuating circumstances, the students must pass the course in the spring or summer semester prior to returning to the following year of the program. Given the concurrent model of the program, students must be in field practice while completing course work.

**Application Information**

**CHILD AND YOUTH CARE**  
Program Code 0476X01FWO

Applications to full-time day programs must be submitted with official transcripts showing completion of the academic admission requirements through:

ontariocolleges.ca  
60 Corporate Court  
Guelph, Ontario N1G 5J3  
1-888-892-2228

Students currently enrolled in an Ontario secondary school should notify their Guidance Office prior to their online application at [http://www.ontariocolleges.ca/](http://www.ontariocolleges.ca/).
Applications for Fall Term and Winter Term admission received by February 1 will be given equal consideration. Applications received after February 1 will be processed on a first-come, first-served basis as long as places are available.

International applicants please visit this link for application process information: https://algonquincollege.force.com/myACint/.

For further information on the admissions process, contact:

Registrar’s Office
Algonquin College
1385 Woodroffe Ave
Ottawa, ON K2G 1V8
Telephone: 613-727-0002
Toll-free: 1-800-565-4723
TTY: 613-727-7766
Fax: 613-727-7632
Email: mailto:AskUs@algonquincollege.com

Additional Information

Programs at Algonquin College are Bring Your Own Device (BYOD). To see the BYOD requirements for your program, please visit: https://www7.algonquincollege.com/byod/.

The Child and Youth Care program consists of courses that are delivered in a variety of formats including face-to-face in a classroom, hybrid (combination of classroom and online learning) and online courses. Students participate in all three types of learning. Students also participate in laboratory and field placement learning activities.

Class schedules vary from term to term and courses may be scheduled between the hours of 8 a.m. and 10 p.m. Monday through Thursday and 8 a.m. and 6 p.m. Friday. Classes for first-year students run Monday through Friday. Second and third-year classes take place on campus two days per week. Field placements occur off campus three days per week. All-second year students are required to complete a school-based field placement. Third-year placements are based on community capacity. Some field placements require the student to be available for evening or weekend shifts.

This program is also available through the Centre for Continuing and Online Learning on a full-time and part-time online basis - Year One only. Successful students then transfer to Year Two on campus full-time. Year Two on campus has a September-only start date.

Graduates may be eligible to apply their academic credits toward further study at many postsecondary institutions. For specific articulation agreements please visit our website at https://www.algonquincollege.com/degree-pathways.

Child and Youth Care is a physically demanding profession. In order to ensure client safety, individuals must be able to move quickly/run between different areas in a room or a building and outside. Child and youth care practitioners must be able to observe clients in order to assess their skills and abilities and develop and implement of appropriate treatment and/or program goals. Entering the Child and Youth Care program without these abilities may result in unsuccessful field placements and students who fail to successfully complete fields placements are not eligible to graduate from the program.

ACADEMIC PROBATION:
Students who have two or more F grades in a given term or whose term grade point average falls below 1.7 are considered to be on academic probation (Policy AA14 Grading System). This requires the student to meet with their academic advisor or coordinator to sign a learning contract which identifies the conditions which must be met to continue in the program. Students who do not meet the terms of their learning contract are withdrawn from the program.

For program information, contact the Program Coordinator, Vicki Grisim at 613-727-4723 ext. 5170 or mailto:grisimv@algonquincollege.com.

Course Descriptions

ENL1813S Communications I
Communication remains an essential skill sought by employers, regardless of discipline or field of study. Using a practical, vocation-oriented approach, students focus on meeting the requirements of effective communication. Students practise writing, speaking, reading, listening, locating and documenting information, and using technology to communicate professionally. Students develop and strengthen communication skills that contribute to success in both educational and workplace environments.

Prerequisite(s): none
Corerequisite(s): none

**ENL1902F Professional Communication for Child and Youth Care Practitioners**

Writing legally appropriate documents, advocating for clients and communicating professionally are critical aspects of the role of the child and youth care practitioner. Students use case studies to write letters and field-specific reports. In addition, students learn and practise oral communication, listening, and advocacy skills in client-centred, team-based case meetings.

Prerequisite(s): ENL1813S and FAM1054 and FAM1255
Corerequisite(s): none

**ENL2028 Research Writing Skills**

Effective research and writing skills are essential for developing programming and projects that meet the needs of a variety of clients in the field of child and youth care. Students perform secondary research to conduct literature reviews; evaluate, summarize, and document sources according to APA standards; as well as produce accurate and reliable professional projects. Working individually, as well as in groups, students research, critically analyze and document topical issues to compose a research paper.

Prerequisite(s): ENL1902F and FAM0063 and FAM0064 and FAM1050 and FAM1052 and FAM1060 and FAM1064 and FAM1070 and FAM1075 and FAM1082 and FAM1087 and FAM1256 and FAM1274
Corerequisite(s): FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270

**FAM0001 Principles of Psychology**

Understanding self and others is essential in promoting healthy interactions, and success in personal and professional relationships. Students investigate the key concepts associated with the study of psychology. Students develop an understanding of research methodologies and ethics, motivation and emotion, personality theories, memory systems, social learning theories and theories of stress.

Prerequisite(s): none
Corerequisite(s): none

**FAM0013 Adolescent Development**

Adolescence is a distinct phase of development and one in which young people experience rapid growth. Physical, cognitive, social, and moral development of adolescents is explored in the contexts of family, peers, school, work and the media. Students begin to identify pertinent issues affecting adolescent development from a child and youth care practice perspective.

Prerequisite(s): ENL1813S and FAM1054 and FAM1255
Corerequisite(s): none

**FAM0014 Group Program Design**

Students design a group program grounded in current theory and research. Throughout the course, students work in pairs to write a group program manual, supported through workshops and individual meetings with the course instructor. Students develop entrepreneurial skills by creating a program that is marketable to social services and the community.

Prerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270
Corerequisite(s): FAM0042 and FAM0061 and FAM1089 and FAM1096 and FAM1100
**FAM0042 Field Practice IV**

Professional development of child and youth care practitioners continues to be highlighted. Students identify, practise, adapt and incorporate theory and skills. Students gain unique opportunities to develop vocational skills at an employment-ready level. The focus is on the cumulative knowledge and professional skills for client engagement, intervention skills and team skills that support the ecological perspective of the community. The outcome is a professional profile that uniquely reflects the students' readiness for frontline child and youth care practice.

Prerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270
Corerequisite(s): FAM0014 and FAM0061 and FAM1089 and FAM1096 and FAM1100

**FAM0060 Field Integration Seminar III**

Professional development of child and youth care practitioners continues with the extension of the learning opportunities that integrate theory and practice. Students learn to identify, practice and adapt various vocational skills in a solution-focused manner. The focus is on advanced client engagement, assessment of complex client strengths and needs, and intervention skills with individual clients and groups.

Prerequisite(s): FAM0063 and FAM0064 and FAM1050 and FAM1052 and FAM1060 and FAM1064 and FAM1070 and FAM1075 and FAM1082 and FAM1087 and FAM1256 and FAM1274
Corerequisite(s): ENL2028 and FAM1081 and FAM1257 and FAM1269 and FAM1270

**FAM0061 Field Integration Seminar IV**

Professional development of child and youth care practitioners incorporates all student learning opportunities through integration of theory and practice. Students learn to identify, practice and adapt employment-ready vocational skills in a solution-focused manner. The focus is on the cumulative knowledge and professional skills for client engagement, intervention skills and team skills that support the ecological perspective of the community. The outcome is a professional profile that uniquely reflects the students' readiness for frontline child and youth care practice.

Prerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270
Corerequisite(s): FAM0014 and FAM0042 and FAM1089 and FAM1096 and FAM1100

**FAM0063 Field Integration Seminar I**

The integration of theory, field-related issues and personal development is essential for students to formalize a basic understanding of how our community, clients and professionals work together to effect positive change within clients and their milieu. Students learn to identify, practise and adapt various clinical, organizational and personal skills in a solution-focused manner. Students are enabled to function effectively as an entry-level student in a child and youth care setting.

Prerequisite(s): ENL1813S and ENL1902F and FAM0001 and FAM0013 and FAM1054 and FAM1058 and FAM1066 and FAM1255 and FAM1258 and FAM1259 and FAM1271 and FAM1273
Corerequisite(s): FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082

**FAM0064 Field Integration Seminar II**

Professional development of child and youth care practitioners continues with the extension of the learning opportunities that integrate theory and practice. Students learn to identify, practice and adapt various vocational skills in a solution-focused manner. The focus on intervention skills with clients, self-awareness, and the professional role as a child and youth care practitioner and a constructive team member sets the foundation of learning for the intermediate child and youth care student.

Prerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082
Corerequisite(s): FAM1060 and FAM1087 and FAM1256 and FAM1274
FAM1050 Therapeutic Activities

Therapeutic programming is one of the core elements in child and youth care practice. Students practise developing and facilitating therapeutic activities within the therapeutic milieu. Students explore learning principles, how behaviour is modified and basic program development.

Prerequisite(s): ENL1813S and ENL1902F and FAM0001 and FAM0013 and FAM1054 and FAM1058 and FAM1066 and FAM1255 and FAM1258 and FAM1259 and FAM1271 and FAM1273
Corerequisite(s): FAM0063 and FAM1052 and FAM1054 and FAM1064 and FAM1070 and FAM1075 and FAM1082

FAM1052 Youth in Conflict with the Law

Vulnerable and at-risk youth are often involved in the justice system and child and youth care practitioners come into contact with these youth in a variety of work settings. Students explore the multifaceted profile of justice-involved youth, the court process and current legislation which governs legal sanctions. Course materials, discussion and case application are aimed at ensuring students are familiar with best practices when intervening with justice-involved youth. Guest speakers provide a focus on agencies in Ottawa who serve this special population.

Prerequisite(s): ENL1813S and ENL1902F and FAM0001 and FAM0013 and FAM1054 and FAM1058 and FAM1066 and FAM1255 and FAM1258 and FAM1259 and FAM1271 and FAM1273
Corerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082

FAM1054 Introduction to Child and Youth Care

Children, youth, families and communities may require support from child and youth care practitioners in order to lead healthy lives. Students develop an understanding of the history of the child and youth care profession, roles and responsibilities of child and youth care practitioners, strengths and needs of clients and communities, professional conduct and personal self-awareness for becoming an effective child and youth care practitioner.

Prerequisite(s): none
Corerequisite(s): none

FAM1058 Field Preparation Seminar II

Students explore the professional role of the child and youth care practitioner within the community. Students develop basic skills in observation, documentation, facilitation and professional deportment. Course materials create opportunities for students to practise the skills required to be successful in future field placements.

Prerequisite(s): ENL1813S and FAM1054 and FAM1255
Corerequisite(s): none

FAM1060 Therapeutic Programming

Creating and implementing therapeutic programs for clients is a core skill area for child and youth care practitioners. Cognitive behavioural theory is the foundation for many therapeutic programs for young people. Learning activities help students understand the connection between cognition, emotion and behaviour. Students develop their role as therapeutic programmers by developing and facilitating an individualized cognitive-behavioural program for a client.

Prerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082
Corerequisite(s): FAM0064 and FAM1087 and FAM1256 and FAM1274

FAM1064 Child and Youth Care Interventions

Children and youth in crisis require professionals to intervene in a safe, proactive and effective manner. Students identify the stages in the model of crisis and corresponding intervention strategies. Role plays and physical intervention demonstrations are aimed at ensuring students are equipped to intervene safely with clients exhibiting behaviour management issues. Upon successful completion, students earn a certification in crisis intervention.
Child development refers to the physical, cognitive, and social and emotional changes that occur in human beings between conception and 12 years of age. The student examines the phases of child development from the prenatal period to early adolescence. The importance of prevention and intervention in healthy development is explored by linking theory to child and youth care practice. Developmental stages, heredity, culture, and environmental influences are addressed with emphasis placed on the interdependency between the physical, cognitive and social/emotional milestones in childhood.

**Prerequisite(s): none**

**Corequisite(s): none**

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**FAM1070 Outdoor Activities I**

With the focus of promoting optimal social, emotional and physical development, child and youth care practitioners plan and implement outdoor recreational and therapeutic activities as a means to achieve goals and encourage values related to healthy lifestyles and development. Students plan and participate in an active camping trip. Through this trip experience, students develop knowledge and skills in basic camping tasks, outdoor therapeutic programming, team work and safety procedures. Demonstrations and skill practice sessions are aimed at exposing students to new activities, and ensuring their comfort in participating and leading youth in outdoor adventures.

**Prerequisite(s): ENL1813S and ENL1902F and FAM0001 and FAM1054 and FAM1058 and FAM1066 and FAM1067 and FAM1255 and FAM1258 and FAM1259 and FAM1271 and FAM1273**

**Corequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1056 and FAM1070 and FAM1075 and FAM1082**

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**FAM1075 Field Practice I**

Professional development of a child and youth care practitioner is enhanced through the integration of theory and practice. Students identify, adapt and incorporate theory and skills of child and youth care practitioners while completing a placement in a school-based setting. Each field experience provides unique opportunities to understand and develop vocational skills. Students learn the importance of building therapeutic relationships with children and youth, demonstrating clear communication through professional reflections and using basic intervention techniques to influence behaviour and self-awareness.

**Prerequisite(s): ENL1813S and ENL1902F and FAM0001 and FAM0013 and FAM1054 and FAM1058 and FAM1066 and FAM1067 and FAM1255 and FAM1258 and FAM1259 and FAM1271 and FAM1273**

**Corequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1082**

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**FAM1081 Therapeutic Group Facilitation**

Working in a group milieu is a key component in child and youth care practice. Students explore the process of establishing groups and the facilitation and evaluation of therapeutic groups in both formal and informal settings. Through participation in a lab group, students observe and document group process and experience the roles of the group leader and group member. Through self-reflection and applied practice, students acquire the skills, and attitudes necessary to facilitate therapeutic groups.

**Prerequisite(s): FAM0063 and FAM0064 and FAM1050 and FAM1052 and FAM1060 and FAM1064 and FAM1070 and FAM1075 and FAM1082 and FAM1087 and FAM1256 and FAM1274**

**Corequisite(s): ENL2028 and FAM0060 and FAM1257 and FAM1269 and FAM1270**

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**FAM1082 Counselling Skills**

Child and youth care practitioners supporting children, youth, and families require professional communication and field-appropriate counselling skills. Students develop self-reflective processes
to assist them in relational practice. Micro counselling skills are developed in a lab-like environment.

Prerequisite(s): ENL1813S and ENL1902F and FAM0001 and FAM0013 and FAM1054 and FAM1058 and FAM1066 and FAM1255 and FAM1258 and FAM1259 and FAM1271 and FAM1273
Corerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1055 and FAM1255

FAM1087 Trauma and Abuse

Childhood trauma, abuse and neglect can be the lived experience of many clients served by Child and Youth Care practitioners. Through lectures and learning applications students investigate risk factors, intervention strategies, documentation processes and legal reporting requirements. Students develop their advocacy skills and use reflective practice to explore their perspectives about violence against children and youth.

Prerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082
Corerequisite(s): FAM0064 and FAM1060 and FAM1256 and FAM1274

FAM1089 Professional Issues and Development

Child and youth care practitioners practise within agency and professional guidelines. Students develop the knowledge and skills to advocate for clients, deal with ethical dilemmas and become job ready. The exploration of current professional issues in the community build a bridge between academics and securing employment in the field.

Prerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270
Corerequisite(s): FAM0014 and FAM0042 and FAM0061 and FAM1096 and FAM1100

FAM1096 Family Interventions

Families in need of community-based supports rely on teams of professionals for care. Child and youth care practitioners are an integrated component in providing support for families through promoting strengths and resilience. Students apply an ecological perspective to family work, as well as examine a variety of family intervention modalities.

Prerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270
Corerequisite(s): FAM0014 and FAM0042 and FAM0061 and FAM1089 and FAM1100

FAM1100 Outdoor Activities II

Changes in the seasons do not preclude the use of outdoor activities to promote healthy lifestyles through positive social, emotional, and physical development, but they do require more detailed planning and preparation for the activities. Students plan and participate in an active winter experience. Through this exercise, students develop knowledge and skills in modifying basic outdoor skills, outdoor therapeutic programming and safety procedures to adhere to winter conditions. Demonstrations and skill practice sessions are aimed at exposing students to new activities and ensuring their comfort in participating and leading youth in winter outdoor activities.

Prerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269 and FAM1270
Corerequisite(s): FAM0014 and FAM0042 and FAM0061 and FAM1089 and FAM1096

FAM1255 Field Preparation Seminar 1: Community Service Learning

Students acquire an awareness of the role of the child and youth care practitioner within a wide variety of settings. Students develop necessary skills in client engagement, therapeutic activities, advocacy and teamwork. Through a practical project that links students with a community agency, students plan and implement a program that benefits the agency with which they partner.

Prerequisite(s): none
Corerequisite(s): none

FAM1256 Field Practice II
Professional development of a child and youth care practitioner continues with the integration of theory and practice. Each field experience provides unique opportunities to understand and develop clinical, organizational and personal skills. Students' learning continues in the same setting as Field Practice I, with the expectation to further develop knowledge and skills of therapeutic activities and programs, and expand specific intervention techniques pertinent to the clients' and agencies' strengths and needs in more complex situations.

Prerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082

Corequisite(s): FAM0064 and FAM1060 and FAM1087 and FAM1274

FAM1257 Field Practice III

Professional development of a child and youth care practitioner continues with the integration of theory and practice. Each therapeutic field experience provides unique opportunities to develop and refine vocational skills. Focus is on understanding how community systems, professionals and clients work together to promote positive change within clients and their milieu. Students learn to select and apply advanced skills in therapeutic settings, refine client engagement skills and relate to clients in more complex situations.

Prerequisite(s): FAM0063 and FAM0064 and FAM1050 and FAM1052 and FAM1060 and FAM1064 and FAM1070 and FAM1075 and FAM1082 and FAM1087 and FAM1256 and FAM1274

Corequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1269 and FAM1270

FAM1258 Technology Tools for Child and Youth Care Practitioners

With the increasing application of technology in our day-to-day lives, child and youth care practitioners are required to utilize and be aware of the impact of this technology on their clients. Students experience hands-on learning and they explore the issues that technology brings to the child and youth care field. Students gain the skills to work with technology and use it as a tool for being a successful college student and child and youth care practitioner.

Prerequisite(s): none

Corequisite(s): none

FAM1259 Diversity in Canadian Society

In a rapidly shrinking world, understanding diversity is becoming increasingly important. Students explore concepts of diversity and inclusion as related to culture, race, religion and social class at the personal and societal levels. Students develop an appreciation of historical and current groups contributing to Canada’s rich cultural mosaic, as well as their own ethnocentricity. Students develop the knowledge and attitudes to succeed within today’s global society.

Prerequisite(s): ENL1813S and FAM1054 and FAM1255

Corequisite(s): none

FAM1269 Substance Abuse

The clients of child and youth care practitioners frequently experience challenges in the area of addictions. Students gain basic knowledge regarding substance abuse, addiction and recovery. Students explore their values and attitudes about the use and abuse of drugs and alcohol. Special emphasis is placed on intervention strategies with youth. Students gain insight, awareness and the understanding necessary to interact positively with addicted clients and their families.

Prerequisite(s): FAM0063 and FAM0064 and FAM1050 and FAM1052 and FAM1060 and FAM1064 and FAM1070 and FAM1075 and FAM1082 and FAM1087 and FAM1256 and FAM1274

Corequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1270

FAM1270 Advanced Child and Youth Care Interventions

Child and youth care practitioners use a variety of intervention techniques when working with children and youth in order to assist with their social, emotional, cognitive and behavioural development. Students develop the knowledge and skills to enhance their ability to effectively...
and safely intervene with clients who are experiencing challenges with their mental health, coping skills and self-regulation. Using role-play, practical application and demonstration in a lab-like environment, students learn and practise these advanced intervention skills prior to using them in their field placements and professional practice.

Prerequisite(s): FAM0063 and FAM0064 and FAM1050 and FAM1052 and FAM1060 and FAM1064 and FAM1070 and FAM1075 and FAM1082 and FAM1087 and FAM1256 and FAM1274
Corerequisite(s): ENL2028 and FAM0060 and FAM1081 and FAM1257 and FAM1269

FAM1271 Sexual Health and Development

Sexuality is an integral part of the lives of child and youth care practitioners and the clients and families they serve. Students review information related to the social, emotional and physiological aspects of human sexuality which affect children and youth. Students explore their values and attitudes about sexuality and practise becoming comfortable discussing this important subject. Students learn to identify issues and engage clients in healthy and positive discussions about sexuality.

Prerequisite(s): ENL1813S and FAM1054 and FAM1255
Corerequisite(s): none

FAM1273 Mental Health 1

Mental health challenges touch the lives of many. Students are introduced to mental health literacy for child and youth care practitioners. Specific emphasis is on etiology, symptom recognition and strategies to promote mental health. Students explore both personal and societal views of stigma and normal versus abnormal behaviour. Students enhance their knowledge of learning disabilities, attention-deficit/hyperactivity disorder, conduct disorders, neurodiversity and autism spectrum disorder. Students explore mental illness within the school environment, and understand the IEP process and interdisciplinary practice.

Prerequisite(s): ENL1813 and FAM1054 and FAM1255
Corerequisite(s): none

FAM1274 Mental Health II

Child and youth care practitioners often work with clients experiencing mental health challenges. Students enhance their knowledge of conduct disorders, eating disorders, mood disorders, anxiety disorders and schizophrenia. Students explore their attitudes and beliefs about mental health labels and treatment, as well as learn specific interventions that address mental illness. Students explore the legal guidelines surrounding the treatment of mental health issues.

Prerequisite(s): FAM0063 and FAM1050 and FAM1052 and FAM1064 and FAM1070 and FAM1075 and FAM1082
Corerequisite(s): FAM0064 and FAM1060 and FAM1087 and FAM1256

GED0476 General Education Elective

Students choose one course, from a group of general education electives, which meets one of the following five theme requirements: Arts in Society, Civic Life, Social and Cultural Understanding, Personal Understanding, and Science and Technology.

Prerequisite(s): none
Corerequisite(s): none