

Area of Interest: Recreation and Wellness

Esthetician

Ontario College Diploma

Program Code: 1103X04FWO

42 Weeks

Ottawa Campus

Our Program

Start your wellness career within one year.

With a condensed format of 42 weeks, the Esthetician Ontario College Diploma program prepares you to enter the high-demand wellness industry in less than one year.

Learn and apply the latest esthetics trends to promote health and well-being in this growing, dynamic industry. By combining theory and hands-on learning, the Esthetician program teaches you essential skills in skin care, nail care, hair removal, makeup application and body treatments. An emphasis is also placed on developing customer relations skills to help build a strong and loyal customer base.

Gain on-the-job experience applying your skills on real clients at the Salon, Spa and Boutique, Algonquin College's on-campus, student-run spa facility. During this time, you gain experience and knowledge, and become comfortable providing professional esthetic services to clients.

The skills you gain at Algonquin open the doors to a variety of wellness careers at:

- day or resort spas
- wellness centres
- beauty institutes
- health clubs
- cruise ships
- cosmetic firms

Specific positions include:

- esthetician
- cosmetician/makeup artist
- nail technician
- beauty consultant
- product representative for manufacturers
- distributor and retailer of esthetic products

You may also choose to pursue self-employment opportunities or small business ownership after completing the program.

SUCCESS FACTORS

This program is well-suited for students who:

- Enjoy interacting with people and providing superior service to clients.

- Have strong communication (oral and written) skills.
- Are organized and energetic.
- Are interested in beauty trends.

Employment

Graduates may find employment in a variety of wellness careers at day or resort spas; wellness centres; beauty institutes; health clubs; cruise ships; cosmetic firms.

Specific positions include: esthetician; sales representative for manufacturers; distributor and retailer of esthetic products; cosmetician/makeup artist; nail technician; beauty consultant; product representative for manufacturers; distributor and retailer of esthetic products.

Graduates may also choose to pursue self-employment opportunities or small business ownership after completing the program.

Learning Outcomes

The graduate has reliably demonstrated the ability to:

- Perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and makeup applications).
- Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies, and procedures.
- Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.
- Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and legislation.
- Identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment.
- Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.
- Establish and maintain professional relationships in adherence to standards and ethics associated with the profession.
- Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.
- Determine professional development strategies that lead to the enhancement of work performance and career opportunities, and keep pace with industry change.
- Identify and apply discipline-specific practices that contribute to the local and global community through social responsibility, economic commitment and environmental stewardship.

Program of Study

Level: 01	Courses	Hours
CSP3000	Customer Care and Interpersonal Dynamics	42.0
DAT2000	Computer Skills for Salon and Spa	42.0
ENL1813H	Communications I	42.0

GEN1002	Morals, Values and Ethical Principles: What Influences You?	42.0
HLT1101	Skin Care I	42.0
HLT1102	Nail Care Techniques	42.0
HLT1103	Esthetics Practical Lab I	126.0
HLT1112	Health and Safety	56.0
Level: 02	Courses	Hours
COS2000	Makeup Artistry and Cosmetology	42.0
ENL1823H	Communications II	42.0
FLD2109	Spa Operations I	56.0
HLT1100	Hair Removal	42.0
HLT2000	Skin Care II	42.0
HLT2102	Esthetics Practical Lab II	126.0
Choose one from equivalencies:	Courses	Hours
GED1103	General Education Elective	42.0
Level: 03	Courses	Hours
FLD3100	Spa Operation II	56.0
HLT2101	Spa and Body Treatments	42.0
HLT3000	Skin Care III	42.0
HLT3101	Esthetics Practical Lab III	126.0
MGT3000	Small Business Practices	42.0
Choose one from equivalencies:	Courses	Hours
GED1103	General Education Elective	42.0

Fees for the 2023/2024 Academic Year

Tuition and related ancillary fees for this program can be viewed by using the Tuition and Fees Estimator tool at <https://www.algonquincollege.com/fee-estimator>.

Further information on fees can be found by visiting the Registrar's Office website at <https://www.algonquincollege.com/ro>.

Fees are subject to change.

Additional program related expenses include:

- Books cost approximately \$200 for the program duration and can be purchased in the campus bookstore.

Admission Requirements for the 2024/2025 Academic Year

College Eligibility

- Ontario Secondary School Diploma (OSSD) or equivalent. Applicants with an OSSD showing senior English and/or Mathematics courses at the Basic Level, or with Workplace or Open courses, will be tested to determine their eligibility for admission; OR
- Academic and Career Entrance (ACE) certificate; OR
- General Educational Development (GED) certificate; OR
- Mature Student status (19 years of age or older and without a high school diploma at the start of the program). Eligibility may be determined by academic achievement testing for which a fee of \$50 (subject to change) will be charged.

Program Eligibility

- English, Grade 12 (ENG4C or equivalent).
- Applicants with international transcripts must provide proof of the subject-specific requirements noted above and may be required to provide proof of language proficiency. Domestic applicants with international transcripts must be evaluated through the International Credential Assessment Service of Canada (ICAS) or World Education Services (WES).
- IELTS-International English Language Testing Service (Academic) Overall band of 6.0 with a minimum of 5.5 in each band; OR TOEFL-Internet-based (iBT)-overall 80, with a minimum of 20 in each component: Reading 20; Listening 20; Speaking 20; Writing 20; OR Duolingo English Test (DET) Overall 110, minimum of 110 in Literacy and no score below 95.

Not sure if you meet all of the requirements? Academic Upgrading may be able to help with that: <https://www.algonquincollege.com/access/>.

Should the number of qualified applicants exceed the number of available places, applicants are selected on the basis of their proficiency in English.

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Application Information

ESTHETICIAN

Program Code 1103X04FWO

Applications to full-time day programs must be submitted with official transcripts showing completion of the academic admission requirements through:

ontariocolleges.ca
60 Corporate Court
Guelph, Ontario N1G 5J3
1-888-892-2228

Students currently enrolled in an Ontario secondary school should notify their Guidance Office prior to their online application at <http://www.ontariocolleges.ca/>.

Applications for Fall Term and Winter Term admission received by February 1 will be given equal consideration. Applications received after February 1 will be processed on a first-come, first-served basis as long as places are available.

International applicants please visit this link for application process information:
<https://algonquincollege.force.com/myACint/>.

For further information on the admissions process, contact:

Registrar's Office
Algonquin College
1385 Woodroffe Ave
Ottawa, ON K2G 1V8
Telephone: 613-727-0002
Toll-free: 1-800-565-4723
TTY: 613-727-7766
Fax: 613-727-7632
Contact: <https://www.algonquincollege.com/ro>

Additional Information

Note: Students must practice health and safety awareness with regards to commonly used substances in an Esthetics environment including skin-care, beauty and wellness products, cleaners and sanitation chemicals.

Contact Information

Program Coordinator(s)

- Linda Ducharme, <mailto:ducharl@algonquincollege.com>, 613-727-4723, ext. 7251

Course Descriptions

COS2000 Makeup Artistry and Cosmetology

Students are introduced to the root of makeup artistry through the color wheel, color theories, facial shapes and facial features. Students gain insight into step-by-step makeup application techniques, the best approach to client consultation and how to choose products. Infection control and makeup formulations are explained. Makeup trends, tools and accessories are examined.

Prerequisite(s): none
Corerequisite(s): none

CSP3000 Customer Care and Interpersonal Dynamics

Clients are the mainstay of any Wellness Centre's existence. Students obtain the skills needed to provide effective customer service. Students learn communication skills, interpersonal skills, the importance of professional image, teamwork principles and how to build and maintain a clientele.

Prerequisite(s): none

Corerequisite(s):none

DAT2000 Computer Skills for Salon and Spa

Students examine how various software applications are used to facilitate the daily operations of a Wellness Centre. They learn how to book appointments, keep track of client files and monitor financial records.

Prerequisite(s): none

Corerequisite(s):none

ENL1813H Communications I

Communication remains an essential skill sought by employers, regardless of discipline or field of study. Using a practical, vocation-oriented approach, students focus on meeting the requirements of effective communication. Through a combination of lectures, exercises, and independent learning, students practise writing, speaking, reading, listening, locating and documenting information, and using technology to communicate professionally. Students develop and strengthen communication skills that contribute to success in both educational and workplace environments.

Prerequisite(s): none

Corerequisite(s):none

ENL1823H Communications II

Employers emphasize the need for communication skills that are effective in challenging workplace situations. Using a practical, vocational approach, students refine their writing skills, practise effective verbal communication, apply sound research skills and develop teamwork strategies in order to prepare a competitive package for the job search and interview process, to communicate negative news and persuasive messages using the indirect pattern, to create organized documents supported by research and to present clear oral messages targeted to specific audiences. A combination of lectures, exercises and independent learning activities support students in strengthening the communication skills required for success in educational and workplace environments.

Prerequisite(s): ENL1813H

Corerequisite(s):none

FLD2109 Spa Operations I

The spa operation component provides students with an opportunity to apply practical knowledge through a simulated esthetics environment. Students assess their individual skills and competencies by observing and interacting with a mentor and clients. Students practice techniques introduced in theory and practical courses. In addition, they examine how to meet and greet clients. Students also learn effective telephone techniques and how to schedule appointments.

Prerequisite(s): HLT1103

Corerequisite(s):none

FLD3100 Spa Operation II

Students gain experience in a simulated esthetics spa/business environment. Students practise techniques introduced in theory and practical courses. Exposure to the day-to-day operations of a spa helps generate an awareness of career opportunities and paths within the esthetics industry.

Prerequisite(s): HLT2102

Corerequisite(s):none

GED1103 General Education Elective

Students choose one course, from a group of general education electives, which meets one of the

following four theme requirements: Arts in Society, Civic Life, Social and Cultural Understanding, and Science and Technology. Equivalents*: ARC9001, DSN2001, ENV0002, FAM1218, GED1896, GED5002, GED5004, GED5005, GED5006, GED5009, GED5300, GED6022, GEN1957, GEN2000, GEN2007, GEN2009, HIS0001, HIS2000, HOS2228, LIB1982, MGT7330, MVM8800, PSI1702, RAD2001, PSI0003

Prerequisite(s): none

Corerequisite(s):none

GED1103 General Education Elective

Students choose one course, from a group of general education electives, which meets one of the following four theme requirements: Arts in Society, Civic Life, Social and Cultural Understanding, and Science and Technology. Equivalents*: ARC9001, DSN2001, ENV0002, FAM1218, GED1896, GED5002, GED5004, GED5005, GED5006, GED5009, GED5300, GED6022, GEN1957, GEN2000, GEN2007, GEN2009, HIS0001, HIS2000, HOS2228, LIB1982, MGT7330, MVM8800, PSI1702, RAD2001, PSI0003

Prerequisite(s): none

Corerequisite(s):none

GEN1002 Morals, Values and Ethical Principles: What Influences You?

Some would say that "there is a hole in the moral ozone and it's getting bigger." Ethical challenges we face every day are examined and addressed. Students clarify their own values and understand how these values impact the course of their lives. A number of tools and decision-making models are provided to deal with personal and professional ethical dilemmas.

Prerequisite(s): none

Corerequisite(s):none

HLT1100 Hair Removal

General differences and methods of hair removal are examined for esthetic, cultural, gender, medical and religious reasons. Students study hair morphology, hair growth cycles, equipment requirements, room setup and client consultation. Hair disorders are also examined.

Prerequisite(s): none

Corerequisite(s):none

HLT1101 Skin Care I

The science of skin histology and physiology are the foundations that estheticians need to know before caring for the skin. The structure, composition, functions, skin types, skin conditions and care of the skin are introduced. Students examine the benefits and steps of a basic facial procedure as well as concepts of client consultation while following spa etiquette. Students gain an understanding of body systems, such as how the integumentary, muscular and facial bone structure functions are integrated, and determine a scientific basis for the proper application of services and products.

Prerequisite(s): none

Corerequisite(s):none

HLT1102 Nail Care Techniques

The nail and its structure and composition, bacteria and fungus nail diseases and disorders, proper nail care techniques, and manicure and pedicure procedures are examined. Students gain in-depth product knowledge of advanced nail care techniques including artificial nail applications, the differences between gels, acrylics, overlay and nail tips.

Prerequisite(s): none

Corerequisite(s):none

HLT1103 Esthetics Practical Lab I

Students apply acquired skills and knowledge to a hands-on lab environment. Working on classmates and clients, students practice a variety of esthetic services including skin care, facial techniques and nail care techniques.

Prerequisite(s): none
Corerequisite(s):none

HLT1112 Health and Safety

Maintaining a healthy and safe environment is now recognized as an essential component of the wellness industry. Modern safety practitioners have a comprehensive understanding of relevant standards and legislation as well as professional ethical regulations associated within the wellness sector. Students examine and apply health and safety practices in accordance with relevant standards and legislation.

Prerequisite(s): none
Corerequisite(s):none

HLT2000 Skin Care II

Students develop skills in using esthetic equipment while performing a wide variety of facial treatments. Students learn how to professionally conduct a pre and post-treatment consultation and recommend home care. Students also gain further understanding of facial modalities, as well as safe use, according to benefits and contraindications. Students are introduced to the history of cosmetic preparations leading to today's products and learn the basic concepts of chemistry as well as advanced ingredient technology. The concepts of synthetic versus natural cosmetics are explored, as well as commercial versus professional products. Particular attention is paid to the basic ingredients and their purpose.

Prerequisite(s): HLT1101
Corerequisite(s):none

HLT2101 Spa and Body Treatments

As demographics show the predominance of the population aging, spa and body treatments are more in demand. Students are introduced to the steps performed in body treatments along with descriptions of the most comprehensive treatments available. Students also examine aromatherapy.

Prerequisite(s): none
Corerequisite(s):none

HLT2102 Esthetics Practical Lab II

Students apply acquired skills and techniques on classmates and clients. A variety of spa services including skin analysis and facial techniques, hair removal techniques, makeup applications, eyebrow and eyelash tinting application are practised. Students also learn how to use diverse apparatus for therapeutic benefits.

Prerequisite(s): HLT1103
Corerequisite(s):none

HLT3000 Skin Care III

Over the years, medical teams have recognized a need for trained clinical estheticians, as they have the skills to perform advanced skin care treatments offered in their businesses. Students acquire in-depth knowledge of skin diseases and disorders, skin analysis, dermatology and advanced industry trends of esthetic procedures in terms of treatments and client consultation. Scope of practice is reviewed and current and upcoming industry trends are examined.

Prerequisite(s): HLT2000

Corerequisite(s):none

HLT3101 Esthetics Practical Lab III

Students apply the skills and techniques gained through a hands-on lab environ of spa services including advanced skin care procedures, advanced hair removal techniques and spa and body treatments.

Prerequisite(s): HLT2102

Corerequisite(s):none

MGT3000 Small Business Practices

Entrepreneurship and small business ownership practices are introduced. Students explore financial planning for business and learn career building, networking and marketing skills. Sales and retailing techniques are provided. Students examine areas of human resources management, employee relations and Canadian labor laws.

Prerequisite(s): none

Corerequisite(s):none