



- ATE A GREAT BIG ST. PADDY'S MEAL**
(cut out the blackouts)
- GOT A GOOD NIGHT'S SLEEP BEFOREHAND**
- HAD A CUP OF WATER WITH EVERY DRINK**
(and saved myself a hangover!)
- TRUSTED MY GUT**
(if something doesn't feel safe, I listen)
- EXCHANGED NUMBERS INSTEAD OF HOOKING UP**
(wasted sex is risky)
- MY DRINKING BUDDY WAS ALSO MY GET-HOME-SAFE BUDDY**
(we downloaded the Uber app!)



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