

## What?

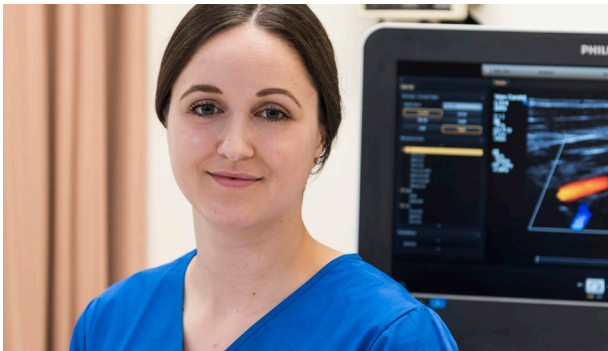
Psychiatrists are physicians specialized in mental health care. Their role is to support you, your primary care provider, and counsellor.

This service is a partnership between Algonquin College and The Royal Ottawa Mental Health Centre.

It is an opportunity to have a 90 minute consultation with a psychiatrist via the Ontario Telemedicine Network (i.e. video-conference).

### A Consultation with a Psychiatrist Can:

- Clarify if there is a diagnosable mental health problem
- Educate you on your mental health problem
- Provide recommendations on psychotherapy
- Provide recommendations on self-management
- Provide recommendations on pharmacological management



## Get in touch!

As this is a highly specialized service that requires a variety of resources, we require confirmation of attendance.

For further questions or concerns, please contact:

### Health Services

Phone: 613.727.4723 ext.7222

A follow-up with a physician will need to be booked afterwards to review the recommendations of the psychiatry consult.

### We're social!



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[algonquincollege.com/healthservices](http://algonquincollege.com/healthservices)

# Health Services

# Psychiatry Clinic

## Who?

This service is made available to students of Algonquin College, must be at least 18 years old. The referral will come from a physician at Health Services and will require on-going follow-ups.

The Mental Health Nurse will be available to support and offer follow-up services for this session.

Please let Health Services know if you require additional support.



## When/Where?

Appointments will be booked according to referral and confirmation of student's attendance.

Sessions will be held through video conferencing via the Ontario Telemedicine Network (OTN).

## The Confirmation of Attendance Process:

Health Services will contact you to book an appointment after the physician has put in a referral for you. You must confirm this appointment date by contacting Health Services.

After this confirmation, Health Services will contact you once again closer to the date of the service (approximately 1-2 weeks later). You must confirm again by phone or in person at Health Services, Room C141.



You will be booked for an appointment according to confirmation, and if you are unable to attend for any reason, please notify Health Services.

## Why?

This service has been made available to give students an opportunity to explore on-going mental illness or suspected mental illness.

- Diagnostic clarification.
- Medication recommendations/management.

