

Kaila McBride

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PROFILE

Inclusive, person-centered **Developmental Services Worker** with industry knowledge and practical experience providing compassionate support to adults with developmental disabilities. Uses analytical thinking skills to solve problems and handles difficult situations with care and tact. Exhibits strong interpersonal skills when communicating with a multidisciplinary team, clients and families. Committed to contributing new ideas and applying best practice strategies to ensure client success.

SUMMARY OF QUALIFICATIONS

- Knowledgeable of various developmental disabilities and their required specialized care
- Experience in planning, implementing and adding to personal plans and goals
- Effectively provides a full range of basic care such as lifting, transferring, meal assistance, hygiene and other personal care needs
- Adheres to safety regulations, including safe administration of medication
- Communicates clearly and creatively to identify and convey a clients needs
- Highly respectful of clients' privacy and confidentiality in all interactions
- Uses behavioral management techniques according to personal support plans and protocols
- Proficient in using Microsoft Office including Word, Excel and Power Point
- Possess a valid Ontario G driver's licence and Police Records Check
- Languages: American Sign Language

EDUCATION

Developmental Service Worker Diploma

Sept 2018 – Present

Algonquin College, Ottawa, ON

- GPA: 3.8/4.0, Dean's Honours List

Ontario Secondary School Diploma

June 2018

Osgoode High School, Ottawa, ON

RELATED EXPERIENCE

Educational Assistant

Jan 2020 – Present

Mary Honeywell Elementary School, Ottawa, ON

- Teach communication and gross motor skills to 8 children on the autism spectrum
- Introduce life skills such as cooking, while also exploring food tastes and textures
- Facilitate independence with dressing after using the washroom and getting ready for recess
- Engage children Picture Exchange Communication System (PECS)

Applied Programming Procedures

Jan 2020 – Present

The Ottawa Rotary Home, Ottawa, ON

- Complete a task analysis to teach an individual how to remove a winter snow suit independently
- Promote community inclusion by going on outings, delivering mail and baking within the home
- Communicate using American Sign Language and with various modified signs designed for the individual supported

Direct Support Worker

Apr 2019 – Present

Christian Horizons, Ottawa, ON

- Assist 5 adults with developmental disabilities with personal care and hygiene such as showering, brushing teeth, bathing, and dressing
- Prepare food according to diet plan requirements such as pureed, minced, diabetic appropriate as well as assisted individuals with feeding
- Promote inclusion and relationships by organizing family visits and community outings such as bowling, swimming, sports games and Christmas festivals
- Adhere to safe medication administration and accurate file documentation

Direct Support Worker

Sept 2019 – Dec 2019

Ottawa Carleton Life Skills, Ottawa, ON

- Assisted 7 adults with developmental disabilities with their activities of daily living such as cleaning and preparing food according to the Canada Food Guide
- Attended client's dental and medical appointments such as flu shots and annual checkups
- Applied proper transferring techniques and utilized mechanical lifts and van wheelchair restraints
- Facilitated community inclusion and organized a recreational outing to a pumpkin patch
- Fostered relationships by encouraging visits, phone calls and outings with friends and family

Direct Support Worker

Mar 2019 – Apr 2019

OCAPDD St. Stephens, Ottawa, ON

- Encouraged independence with personal care and hygiene activities such as showering, bathing and dressing
- Performed household responsibilities including preparing food, dishes, sweeping, mopping and ensuring a clean and sanitary environment
- Implemented a healthy meal plan according to the Harvard Food Plate

Educational Assistant

Jan 2019 – Mar 2019

St. Augustine Catholic High School, Ottawa, ON

- Provided academic and behavioral support to 6 grade 2/3 students with developmental disabilities, both in groups and one-on-one
- Reinforced positive behaviour using timers, edible rewards and first/then choice boxes

OTHER WORK EXPERIENCE

Hostess and Kitchen Worker

Sept 2017 – Apr 2018

Red Dot Cafe, Osgoode, ON

- Built relationships with customers by providing exceptional service, resulting in return business
- Used strong communication skills to obtain and record customer orders
- Ensured a high degree of accuracy when processing payment transactions

TRAINING & CERTIFICATIONS

Behaviour Management Systems (BMS) , Algonquin College, Ottawa, ON	Oct 2019
Crisis Prevention Intervention (CPI) , Algonquin College, Ottawa, ON	May 2019
Quality Assurance Measures Certification , Algonquin College, Ottawa, ON	May 2019
Medication Administration Training , Algonquin College, Ottawa, ON	Oct 2018
Workplace Safety Training, WHMIS , Algonquin College, Ottawa, ON	Oct 2018
Standard First Aid & CPR/AED Level C , St. John's Ambulance, Ottawa, ON	Aug 2018

REFERENCES AVAILABLE UPON REQUEST