

FRANK CASTLE

OCCUPATIONAL THERAPY / PHYSIOTHERAPY ASSISTANT

613-727-4723 castlef@algonquinlive.com Ottawa, ON

PROFESSIONAL PROFILE

Attentive and compassionate Occupational Therapy / Physiotherapist Assistant with academic training, advanced skills and clinical experience providing quality and courteous care to patients with various rehabilitation needs. Demonstrated ability to work as part of a multidisciplinary healthcare team to achieve high service standards in fast-paced environments. Regarded for strong interpersonal communication skills used to build effective rapport with clients and their families.

SUMMARY OF SKILLS

- Fulfills the requirements for the Canadian Occupational Therapist Assistant Physiotherapist Assistant Education Accreditation Program
- Supports the planning, implementation and modification of treatment plans to ensure clients' optimal performance and physical function
- Maintains a clean treatment area, ensuring medical equipment is regularly sterilized
- Effectively conveys technical information and adapts procedures to meet client needs
- Skilled in teaching individuals and groups various exercises and safe mobility activities to improve their independence, daily movement and overall functioning
- Completes thorough and objective client records with accuracy and great attention to detail
- Demonstrate ethical integrity and respect of privacy and confidentiality of clients at all times
- Proficient in Microsoft Office applications including Word, Excel and Power Point

EDUCATION

OCCUPATIONAL THERAPIST ASSISTANT/PHYSIOTHERAPY ASSISTANT DIPLOMA

Algonquin College, Ottawa, ON | Sept 2021 – Present

BACHELOR'S DEGREE IN SCIENCE

University of Ottawa, Ottawa, ON | May 2021

RELATED EXPERIENCE

PHYSIOTHERAPIST ASSISTANT, CLINICAL PLACEMENT

Mar – May 2022

ProPhysio Sports Clinic, Ottawa, ON

- Followed treatment plans under the supervision of a registered Physiotherapist
- Assisted 3-5 clients per day with administering manual exercises related to endurance, balance, gait training, muscle strength and coordination with emphasis on proper technique
- Delivered exercise classes to groups of 10-15 participants and offered modifications as required
- Applied modalities to achieve the desired outcome of increased mobility, pain relief, improved circulation, decreased swelling and or reduction in muscle spasms
- Instructed patients on the use of mobility aids and ongoing health and wellness maintenance
- Maintained daily patient charts and progress reports

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OCCUPATIONAL THERAPIST ASSISTANT, CLINICAL PLACEMENT

Jan – Mar 2022

Queensway-Carleton Hospital, Ottawa, ON

- Applied rehabilitation best practices to achieve patient-centered, effective and safe care for 10 patients
- Implemented treatment plans under the supervision of a registered Occupational Therapist to achieve the desired outcome measures for patients with a variety of neurological conditions
- Taught patients' safe methods of ambulation, bed mobility, stair climbing, activities of daily living (ADL) as well as the use of mobility aids to achieve greater independence
- Recorded client's progress as well as observed changes in occupational performance and communicated changes and any additional client needs to the Occupational Therapist and healthcare team

OTHER WORK EXPERIENCE

INFORMATION DESK CLERK

Jan 2018 – Sept 2021

Bruyère Continuing Care, Ottawa, ON

- Received and directed all incoming calls made to the hospital's main number
- Made calls on behalf of patients, provided directions and answered questions
- Sorted, sent and received mail and performed a variety of other administrative tasks
- Signed-out meeting rooms, and provided volunteers with volunteer kits for Para-Transpo trips
- Provided courteous, friendly and helpful service to all clientele, in person, on the phone and by email

CERTIFICATIONS & TRAINING

GENTLE PERSUASIVE APPROACH

Oct 2021

Algonquin College, Ottawa, ON

CRISIS INTERVENTION TRAINING

Sept 2021

Algonquin College, Ottawa, ON

STANDARD FIRST AID & CPR

Aug 2021

St. John's Ambulance, Ottawa, ON

REFERENCES AVAILABLE UPON REQUEST