

Keeping a finger on the pulse of your total wellbeing with resources from LifeWorks



Cultivating a Climate of Inclusion

Equal opportunities, PRIDE initiatives, allyship, empathy groups, diversity committees—organizations are doing whatever they can to ensure their employees feel supported. Learn how people leaders and their teams can cultivate inclusion at home and at work.



Helping Children Embrace Diversity (Video)

Learning to embrace diversity is a lifelong journey. Here are some things you can do to help children start down the right path.

[Watch now](#)



How to Support People of Colour in the Workplace

There are lots of ways to become an ally, and a key place that you can help is in the workplace, where people of colour may not only face invisible, systemic barriers but direct acts of discrimination.

[Read more](#)

Exclusive for LifeWorks members



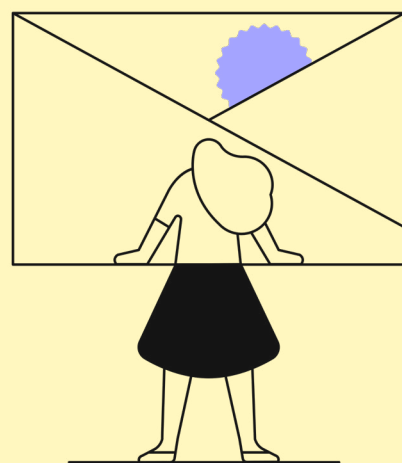
Dealing With Cultural Differences in the Workplace

[Access on LifeWorks](#)



Creating an LGBTQ+ Inclusive Workplace

[Access on LifeWorks](#)



More to explore this month

- LifeWorks Learning presents a free webinar, **Reflections on Rainbows: Organizational challenges to Better Serve 2SLGBTQ+ children and families**. On June 16 at 1:00 pm ET, listen in as Iona Sky highlights the different factors and influences that impact 2SLGBTQ+ individuals and identities, both in society and the workplace, and how to create inclusive environments. Register [now](#).
- Explore [LifeWorks Wellbeing](#) and learn to understand your current state of health through one of our programs, assessments, or challenges.

New for LifeWorks Members

Click on the links below to access new or updated content on the LifeWorks platform

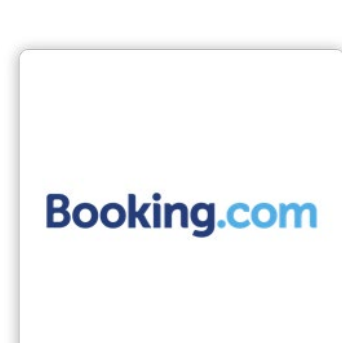
[Overcoming Cultural Barriers to Seeking Mental Health Support](#)

[Hybrid and Remote Work \(Video Series\)](#)



Big brands, huge savings with LifeWorks Perks

Plan your next adventure and discover new cultures while saving big on brands like Booking.com, Club 1 Hotels, Tickets at Work and many more. Available on the LifeWorks app.



[Access offers on LifeWorks](#)

Your organization's program may not include LifeWorks Perks. If unable to access, review your workplace benefits or speak to your Human Resources contact.

LifeWorks supports your total wellbeing. We're here 24/7 for confidential advice and support by app, web and phone.

Your organization's program may not include all of LifeWorks' services and features. To learn more, please log in with your LifeWorks account, review your workplace benefits, or speak to your Human Resources contact.

