

Foundations of Academic Advising

The Conceptual Component of Academic Advising: What It Is and Why It's Important

Webinar Handout

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Pre-Webcast Activity Suggestions

- Think about your own philosophy of advising. Jot down your beliefs and practices related to advising.
- Recall the theories you studied in your educational journey. How have those theories influenced your work as an adviser, or how might they?
- Begin the process of creating your own advising portfolio to include your personal statement or philosophy of advising, articles or descriptions of the theories you apply to your practice, your accomplishments and samples of your work, and the work you do outside of your home unit (departmental committees, university-wide work, NACADA, etc.). Be sure to include the professional development activities you have been involved in, including this Webinar. Read this article from the *NACADA Clearinghouse of Academic Advising Resources* about developing your professional portfolio.
<http://www.nacada.ksu.edu/clearinghouse/advisingissues/portfolioexamples.htm>

Post-Webcast Activity Suggestions

- Consider *who and what else is joining us at the advising table?*
- Discuss advising philosophy with a colleague(s).
 - Advisors: read and discuss the historic advising-related documents with others in your office, and then discuss how those concepts and theories might be used in your particular setting.
 - Advising administrators: create opportunities to bring advisers together to discuss the unit's philosophy of advising.
- Draw a concept map of advising; include the connections between nodes on that map. If there are gaps in your map, perhaps those are areas where you could do more reading and thinking.
 - Revisit and refine map annually.
 - Ask colleagues to draw their own maps and then share your maps with each other.

- Read *NACADA Clearinghouse of Academic Advising Resources* articles related to the conceptual component of advising.
- If you are not part of an advising office, connect with others either in person or electronically.
 - utilize the NACADA website (Region pages, Commissions, Interest Groups, listervs, etc.) to find others with similar interests
 - build a wiki of advising resources and concepts
 - create a *Facebook* page to share resources and ideas
 - exchange AIM or other instant messaging screen names and set aside time to “chat” about these ideas
 - have a telephone conversation

References and Recommended Resources

Chickering, A.W. & Reisser, L. (1993) *Education and identity*, (2nd ed.). San Francisco: Jossey-Bass.

Erikson, E. H. (1968). *Identity, youth and crisis*. New York: W. W. Norton.

Eugenie Scott quote: ThinkExist.com, n.d.

Lee Knefelkamp quote:

McEwen, M. K. (2003). The nature and uses of theory. In Komives, S. R., Woodard, D. B., Jr. & Associates, *Student services: A handbook for the profession* (p. 153-178). San Francisco: Jossey-Bass.

Levinson, D. J., with Darrow, C. N, Klein, E. B. & Levinson, M. (1978). *Seasons of a Man's Life*. New York: Random House.

Levinson, D. J., with Levinson, J. D. (1996). *Seasons of a Woman's Life*. New York, NY: Alfred A. Knopf.

Perry, William. (1970). *Forms of Intellectual and Ethical Development in the College Years: A Scheme*. New York: Holt, Rinehart, and Winston

Smith, M.K. (1999). *Life span development and lifelong learning* - http://www.infed.org/biblio/lifecourse_development.htm

Vygotsky's Zone of Proximal Development Theory – Berk, L.E. (2007). *Development through the lifespan* (4th ed.). New York: Pearson Education.

Penn State Resources

Goal Sheet – <http://www.psu.edu/dus/students/Goal-setting%20worksheet.pdf>

Holland Personal Strengths and Interests - <http://www.psu.edu/dus/students/Holland.pdf>

Self-Motivation Assessment Tool – http://www.thinkimpactsolutions.com/images/Self-Motivation_Assessment_Tool_-_Best.pdf

Other University Tools and Resources

Rogue Community College Holland Code Quiz - <http://www.roguecc.edu/Counseling/HollandCodes/test.asp>

University of Texas at Dallas Website - primer for student development theory - <http://www.utdallas.edu/dept/ugraddean/theory.html>

NACADA Clearinghouse of Academic Advising Resources

Mission Statement Development - <http://www.nacada.ksu.edu/Clearinghouse/AdvisingIssues/Mission-Statements.htm>

Multicultural Awareness section - overview article written by Leigh Cunningham - <http://www.nacada.ksu.edu/Clearinghouse/AdvisingIssues/Multicultural.htm>

NACADA Concept of Advising - <http://www.nacada.ksu.edu/Clearinghouse/AdvisingIssues/Concept-Advising.htm>

Reynolds, M.M. (2010). An advisor's half dozen: Principles for incorporating learning theory into our advising practices. <http://www.nacada.ksu.edu/Clearinghouse/AdvisingIssues/learning.htm>

Williams, S. (2007). From Theory to Practice: The Application of Theories of Development to Academic Advising Philosophy and Practice. <http://www.nacada.ksu.edu/Clearinghouse/AdvisingIssues/Theories.htm>

Academic Advising Today Articles

Hutson, B., Bloom, J., and He, Y. (2009, December). Reflection in advising. http://www.nacada.ksu.edu/AAT/NW32_4.htm#12

Peters, Hyun, Taylor and Varney. (2010, Sept). Advising Non-Traditional Students: Beyond Class Schedules and Degree Requirements - http://www.nacada.ksu.edu/AAT/NW33_3.htm

Throgmorton, David. (2009, Sept). The Front Lines of Hope: Helping Students Connect to Themselves for a Brighter Future. http://www.nacada.ksu.edu/AAT/NW32_3.htm

Other NACADA Resources

Academic Advising: A Comprehensive Handbook - <http://www.nacada.ksu.edu/Resources/Publications/jbbook2ed.htm>

Advising Special Populations: Adult Learners, Community College Students, LGBTQ Students, Multicultural Students, Students on Probation, Undecided Students - <http://www.nacada.ksu.edu/Monographs/M17.htm>

Pocket Guide *Understanding Cultural Identity and Worldview Development* - <http://www.nacada.ksu.edu/Resources/Publications/pocketguide.htm#PG03>
and the CD from which it was developed - <http://www.nacada.ksu.edu/Videos/index.htm#cultural>

Pocket Guide *Academic Advising Delivery Models* - <http://www.nacada.ksu.edu/Resources/Publications/pocketguide.htm#PG02>

The New Advisor Guidebook - <http://www.nacada.ksu.edu/Monographs/M16.htm>

THE CONCEPT OF ADVISING

